

2020 UEC MTB MARATHON EUROPEAN CHAMPIONSHIPS Serra da Estrela • Portugal 14 June 2020

2020 UEC Mountain Bike Marathon European Championships (XCM)

Elite - Masters

Serra da Estrela (Portugal) Manteigas - Seia 14 June 2020

Technical Guide

 (v_3)







Serra da Estrela ● Portugal 14 June 2020



1. ORGANIZATION

The 2020 UEC MTB Marathon European Championships will be organized by The Portuguese Cycling Federation in cooperation with the municipalities of Manteigas and Seia (Serra da Estrela).

1.1. LOCAL ORGANIZING COMMITTEE (LOC)

President Delmino Pereira — Portuguese Cycling Federation
Event Director Duarte Marques — Portuguese Cycling Federation
Technical Coordinator Pedro Vigário — Portuguese Cycling Federation

Technical Coordinator Pedro Vigário – Portuguese Cycling Federation Members Pedro Lucas – Manteigas Municipality

David Saraiva – Manteigas Municipality Cristina Cardoso – Seia Municipality Filipe Almeida – Clube BTT Seia

Courses Managers Filipe Almeida – Clube BTT Seia
António Correia – Grupo BTT Manteigas

1.2. UEC REPRESENTATIVES

UEC Management Board Mr Rocco Cattaneo (SUI), President

Mr Alexander Gusyatnikov (RUS), Vice President

Mrs Agata Lang (POL), Vice President

Mr Henrik Jess Jensen (DEN), Vice President

Mr Martin Wolf (GER), Member Mr Sahib Alakbarov (AZE), Member Mr Alasdair MacLennan (GBR), Member

UEC General Secretary Mr Enrico Della Casa (ITA)

UEC Events Coordinator Mr Vladimiros Petsas (GRE)

UEC MTB Commission Mr Thierry Marechal (BEL), President

Mrs Elena Valentini (ITA), Member Mr Henrik Hakala Dahle (NOR), Member

Mr Jurgen Pail (AUT), Member

UEC Technical Delegate tbc

UEC Press Officer Mr Stefano Bertolotti (ITA)
UEC Photographer Mr Dario Belingheri (ITA)

1.3. COMPOSITION OF THE COMMISSAIRES PANEL

President of the Commissaires Panel Mr Neil SIMPSON (GBR)

Assistent of PCP tba
Additional Commissaire tba
Additional Commissaire tba
Additional Commissaire tba
Additional Commissaire tba

Race Secretary (assistent of TD)

Toni Carmo

Announcers João Pedro Neves (POR)

Gustavo Pinto Ferreira (POR)







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TIMEKEEPING

Official timekeeping

UVP-FPC

1.4. ANTIDOPING CONTROL

Doping control officer appointed by the CADF: Jorge GONZALEZ PENA (ESP) Local Anti-Doping Agency: ADOP (POR)

Doping control station location: Casa Municipal da Cultura de Seia

Av. Luís Vaz de Camões, 484, Seia GPS 40.4217177,-7.7036268

2. GENERAL INFORMATION

2.1. TRAVEL AND ACCOMMODATION

Travel and accommodation expenses to and from Serra da Estrela (Manteigas or Seia), must be covered by the National Federations and the Teams.

Nearest airports are:

Porto International airport (OPO) - 209km to Manteigas - aprox. 2h40m

177km to Seia - aprox. 2h10m

Lisbon International airport (LIS) - 308km to Manteigas — aprox. 3h05m

286km to Seia – aprox. 2h57m

You may find other means of transportation here:

From Lisbon: https://www.rome2rio.com/s/Lisbon/Manteigas

From Porto: https://www.rome2rio.com/s/Porto-Airport-OPO/Manteigas

Transportation from the above-mentioned airports to Serra de Estrela and vice versa is possible to be arranged with the organizers for extra payment agreed mutually.

All participants must hold a valid passport or identity card. Visa obligations must be respected.

All riders and attendants must hold insurance valid in Portugal.

<u>Accommodation/Transportation - information</u>

Through the website: http://www.euroxcm2020.com/ (also check the information below)

Hotels / Accommodation List

Nome / Name	Contactos / Contacts	E-mail		
MANTEIGAS				
Casa das Obras	919 972 537 / 275 981 155	turismo@casadasobras.pt		
Casa das Penhas Douradas - Design Hotel & Spa	275 981 045/963 384 026	mail@casadaspenhasdouradas.pt		
Casa de São Lourenço - Burel Panorama Hotel	275249730	mail@casadesaolourenco.pt		
Hotel da Fábrica	275 982 420	hoteldafabrica@hotmail.com		







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Casa do Moinho	965138732	amarelodeoutono@gmail.com
Casa Lagar da Alagoa	964 414 249/275 487 024	geral@casa-lagar-alagoa.com
Hotel Berne	275981351	reservas@hotelberne.com
Hotel Vale do Zêzere	925 175 455/275 982 002	hotelvaledozezere@gmail.com
INATEL Manteigas Hotel	275980300	inatel.manteigas@inatel.pt
Parque Campismo Rural Vale do Beijames	961236040	josedaserra@gmail.com
SerraVale - House & Nature	275982825	mail@serravale.pt
Solar da Castanha - Forest House	919926167	info@solardacastanha.com
Casa da Roda	275980300	inatel.manteigas@inatel.pt
Descanso Serrano		delfina.ric@gmail.com
Paragem Serradalto		paragem_serradalto@hotmail.com
Pensão Estrela		januario28@hotmail.com
	SEIA	
Abrigo da Montanha - Hotel Rural & SPA	238315329	info@abrigodamontanha.com.pt
Albergaria Senhora do Espinheiro Hotel	238312073	albsraespinheiro@ftphotels.com
CASA DA PONTE	238954253	casadapontealvoco@gmail.com
Casa das Lages	238953278	ginabrito@sapo.pt
Casa das Tílias	964008585	geral@tilias.com
Casa de Santa Ana da Beira	238976161	ter@csadabeira.com
Casa do Fundo do Pereiro	238902118	geral@casadofundo.com
Casa do Pastor	238393262	info@casadopastor.com
Casas do Cruzeiro	238315872	reservas@casasdocruzeiro.pt
Horta Rija	962946975	alan.p.buckle@gmail.com
Hotel Eurosol Seia-Camelo	238310100	camelo@eurosol.pt
Quinta da Bica	238311937	quintadabica@netcabo.pt
Quinta do Crestelo	238320050	quintadocrestelo@quintadocrestelo.pt
Quinta do Vale Sanguinho	964022115	quintadovalesanguinho@gmail.com

For more information on accommodation and transportation you can contact:

In Manteigas:

Posto de Turismo da Vila

Address: Rua Dr. Esteves de Carvalho, 2, 6260-144 Manteigas

Telephone: +351 275 981 129 E-mail: <u>turismo@cm-manteigas.pt</u>

In Seia:

Posto de Turismo de Seia – Seia Tourist Offices Address: Rua Pintor Lucas Marrão 6270-513 Seia.

Telephone: +351 238 317 762.

Fax: +351 238 317 764 E-mail: turismo@cm-seia.pt

http://www.cm-seia.pt/posto-de-turismo/seia







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Visas

Each Federation is responsible for obtaining documents for their delegation appropriate entries. For all invitation letter requests, please contact the UEC: mail@uec.ch

TEAM AREA BOOKING

In order to reserve a team area, please use the official team area booking form through the website: http://www.euroxcm2020.com/

2.2. MEDICAL - EMERGENCY - LOCAL AUTHORITIES

OFFICIAL RACE DOCTOR:

Dr. Filipe Lima Quintas Tel. +351 964 088 850

HOSPITALS:

HOSPITAL- MANTEIGAS AREA (START) Unidade Local de Saúde da Guarda Address: Rua Tenente-Coronel José Biscaia Rabaça, Sameiro 6260-311 SAMEIRO T. +351 275 982 593

HOSPITAL- SEIA AREA (FINISH) Hospital Nossa Senhora da Assunção

Address: Rua Dona Alexandrina Soares de Albergaria

6270-498 Seia T. +351 238 320 700

Email: geral.seia@ulsquarda.min-saude.pt

EMERGENCY AMBULANCE

Portuguese National Emergency Number Tel. 112

POLICE

POSTO TERRITORIAL DE MANTEIGAS - GNR

Address: Rua dos Bombeiros Voluntários, 6260-120 Manteigas

T. +351 275 981 559

POSTO TERRITORIAL DE SEIA - GNR

Address: Rua Dro Avelino Cunhal, 6270-435 Seia

T. +351 238 310 300

Proteção Civil – Civil Protection

Manteigas: T. +351 275 980 000 Seia: T. +351 238 313 035

2.3. TEAMS / OFFICIALS / PRESS ACCREDITATION

Teams and officials' accreditations can be collected starting from Friday, 12^{th} of June at the permanence offices, located at the:

Sala de Exposições





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Address: Rua das Carreiras - Manteigas

GPS: 40.4003934,-7.5412668

according to the schedule below.

Please ensure that you collect your accreditation before arriving at the venue as it will be required for access to all parts of the venue.

Accreditations must be worn and visible whenever you pass through accreditation controls.

2.4. PERMANENCE OPENING HOURS SCHEDULE

Friday, 12th June 10:00 – 19:00 (Manteigas)

Saturday, 13th June 08:30 – 13:00 / 15:00 – 19:00 (Manteigas)

Sunday, 14th June 08:30 – 10:00 (Manteigas)

09:00 - 20:00 (Seia)

2.5. MEDIA

MEDIA PERMANENCE – UEC PRESS CENTER

In order to access the UEC Press Centre, **accreditation** is necessary. The UEC Press Centre is located in :

In Manteigas:

Sala de Exposições

Address: Rua das Carreiras – Manteigas

GPS: 40.4003934,-7.5412668

In Seia

Casa Municipal da Cultura de Seia Av. Luís Vaz de Camões, 484, Seia GPS 40.4217177,-7.7036268

MEDIA PERMANENCE – UEC PRESS CENTER OPENING HOURS

Friday, 12th June 10:00 – 19:00 (Manteigas)

Saturday, 13th June 08:30 – 13:00 / 15:00 – 19:00 (Manteigas)

Sunday, 14th June 08:30 – 10:00 (Manteigas)

09:00 - 20:00 (Seia

Accredited media photographers bib's, can be collected during the above-mentioned opening hours.





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MIXED ZONE

At the exit of the course after the finish line, UEC will organize a Mixed Zone where media can have a short interview with riders they wish to do so.

FLASH INTERVIEW TENT

Next to the Awards Ceremony podium, UEC will organize a flash interview tent open for the media.

MEDIA ACCREDITATION

To apply for media accreditation, please visit the UEC website (<u>www.uec.ch</u> dedicated page).

All Media can collect their accreditation during opening hours accreditation centre as described in **paragraph 2.3 above**

For any further enquiries please contact: Mr Stefano Bertolotti - s.bertolotti@uec.ch

3. OFFICIAL MEETINGS

COMMISSAIRES PANEL MEETING

Saturday, 13th June 20.00 – 21.00, in tba

CONFIRMATION / LICENCE CHECK / DISTRIBUTION OF RACE NUMBERS & TIMING TRANSPONDERS

The license check, the initial confirmation of riders, the check of the national teams clothing the distribution of race numbers and transponders will be organized on

Friday, 12th June 15.00 – 18.00 Saturday 13th June 10.00 – 18.00

At the race headquarters located at:

Sala de Exposições

Address: Rua das Carreiras – Manteigas

GPS: 40.4003934,-7.5412668

Team managers must confirm all starters, presenting all licences and providing a sample of the national teams' apparel.

Riders' numbers will be distributed during that procedure. Maximum representation of two representatives per team is requested to attend that meeting.

Timing transponders also will be handed out together with start numbers and must be returned immediately after the race to the Race Permanence. If a transponder is not returned a $130 \in$ penalty will be applicable per transponder.





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TEAM MANAGERS MEETING

Saturday, 13th June at 19.00 For all races, all age categories.

Team managers meeting room:

Auditório Municipal

Address: Rua das Carreiras - Manteigas

GPS: 40.4003934,-7.5412668

Attendance is required for:

- LOC representative
- UCI and Additional Commissaires
- Team Managers
- CADF Doping Control Officer
- Event Director
- UEC Technical Delegate

3. COMPETITION SCHEDULE

Sunday, 14th June 2020

MTB Marathon European Championships

Category	Start time	Race distance
Women elite	09.00	82.2 km
Women masters	09.05	73.3 km
Men masters 50 and +	09.15	73.3 km
Men elite	09.30	104 km
Men masters 35/40/45	09.40	104 km

Starting point:

Rua 1º de Maio – Manteigas

GPS: 40.4005936,-7.5411587 (Google map link)

The race will start at Manteigas and finish at Seia. The two venues are located 30 km from each other (approximately 40 min drive by car).

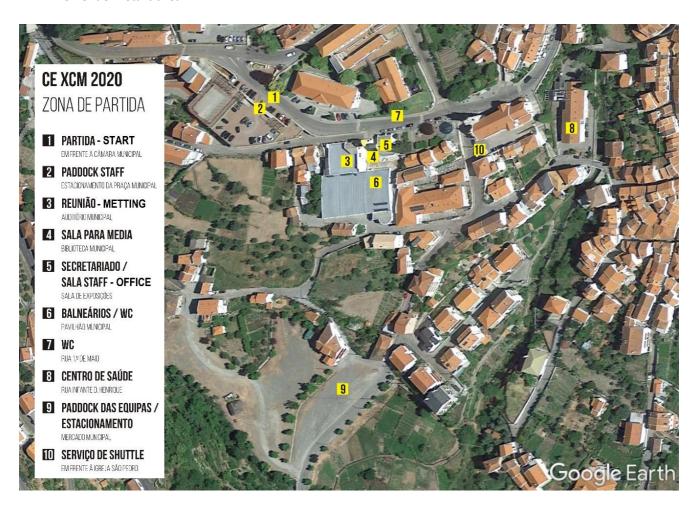




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The venue - start area:



Finish line:

Avenida Dr. Afonso Costa, 6270-494 Seia 40.420048,-7.7047932

(Google map link)

The venue – finish area:

Câmara Municipal de Seia Largo António Borges Pires 3, 6270-494 Seia GPS: 40.4211929,-7.7060549





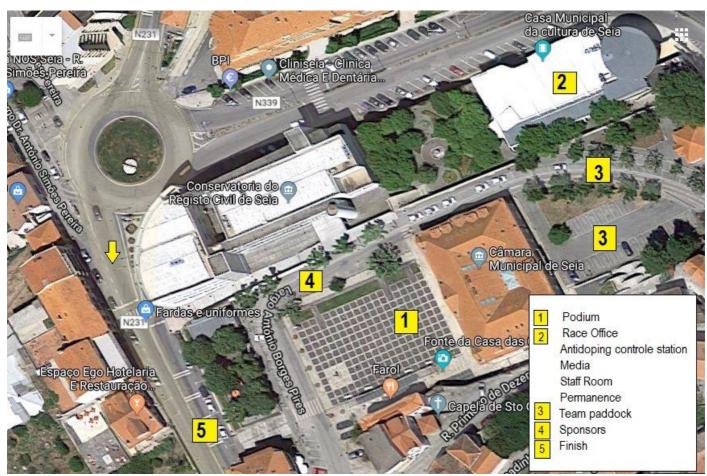
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4. RACE SPECIFIC REGULATIONS

ARTICLE 1. GENERAL RULES

1.1 The 2020 UEC MTB Marathon European Championships are organized by the Union Européenne de Cyclisme (UEC) in cooperation with the Portuguese Cycling Federation.

Technical director: Mr. Pedro Vigário (POR)

- **1.2** The event will be organized in accordance with rules of the Union Cycliste Internationale (UCI) and these rules will be the reference for everything that is not mentioned in the current document.
- **1.3** The UEC MTB Marathon European Championships consist of the following races: **MTB Marathon (XCM) on the 14**th **of June 2020.**

ARTICLE 2. TYPE OF THE EVENT

2.1 The event is open to athletes in the following categories:

✓ MTB Marathon Men Elite

✓ MTB Marathon Women Elite

✓ MTB Marathon Masters Men

Aged: 35-39 / 40-44 / 45-49 / 50-54 / 55-59 / 60-64 / 65-69 / 70-74 / 75+

✓ MTB Marathon Masters Women

Aged: 35-39 / 40-44 / 45-49 / 50-54 / 55-59 / 60+

- **2.2** It is entered on the UCI calendar as a Continental Championships event (CC) and Masters Continental Championships (CCM)
- **2.3** The following final classifications will be produced:
 - 1. Men Elite*
 - 2. Women Elite*
 - 3. All Masters categories*

*Results for the UCI:

One combined result for Women Elite and Women Masters - based on time. One combined result for Men Elite and Men Masters - based on time.



^{*}The 3 best riders of each category must attend the official awards ceremony.



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ARTICLE 3. PARTICIPATION

3.1 National teams (Elite riders only)

National Federations may enter the following riders per Championship **free of charge**:

Women Elite – max. 3 riders Men Elite – max. 3 riders

The National Federations have to register their riders directly on the UEC website (<u>www.uec.ch</u>).

Deadline for the registration: Monday 1st June 2020 (24:00 CET) Applies to riders, staff and NF Official Delegates

Riders must compete in their national jersey.

3.2 Other riders (ELITE & MASTERS)

In accordance with the UCI regulations, the participation is open for <u>European</u> riders only with an annual licence issued by a National Federation affiliated to the UCI.

Registration through the online registration form here: http://bit.ly/registrationsxcm

ELITE & MASTERS: Registration fee: € 45,00 by the 31 March 2020

€ 55,00 by the 30 April 2020 € 65,00 by the 1 June 2020

The registration will open on Tuesday 18th of February 2020 (12:00 CET)

Last Deadline for registration: 1st June 2020 (24:00 CET)

3.3 Start order

The start order will be made up by applying UCI/UEC regulations.

The riders line up in the order in which they are to be called to the start line.

The number of riders on each line is decided by the President of the commissaires' panel and supervised by a commissaire.

The rider himself decides which position on the line to take.

3.4 Start grid ELITE RIDERS

The start grid will be determined according to the UCI MTB Regulations article 4.02.061 as follows:

- As per the latest UCI MTB Marathon series ranking
- 2. As per the latest UCI XCO individual ranking





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3. Unclassified riders by drawing lots

3.5 Start grid MASTERS RIDERS

The start order for all <u>Masters categories</u> will be as follows:

- 1. defending European champion 2019 of the category concerned;
- 2. according to the order of the on-line registration

ARTICLE 4. TECHNICAL ASSISTANCE

The following UCI Regulations will be applicable:

- 4.2.044 No rider may turn back on the course to reach a feed/technical assistance zone. Any rider doing so is disqualified. Only within the feed/technical assistance zone itself, a rider may turn back without obstructing other competitors.
- 4.2.045 Technical assistance during a race is permitted subject to the conditions below.
- 4.2.046 Authorised technical assistance during a race consists of repairs to or the replacement of any part of the bicycle other than the frame.
 - Bike changes are not permitted, and the rider must cross the finishing line with the same handlebar number plate that he/she had at the start.
- 4.2.047 Technical assistance can only be given in the feed/technical assistance zones.
- 4.2.048 Spare equipment and tools for repairs must be kept in these zones. Repairs and equipment changes can be carried out by the rider himself or with the help of a teammate, team mechanic or neutral technical assistance.
- 4.2.049 In addition to technical assistance in feed zones, technical assistance is permitted outside these zones only between riders who are members of the same UCI ELITE MTB team, UCI MTB team or of the same national team.

During the European Championships, it is only authorised between riders of the same national team and racing in the same category.

Riders may carry tools and spare parts provided that these do not involve any danger to the rider himself or the other competitors.

ARTICLE 5. AWARDS CEREMONIES

In accordance with articles 1.2.112 and 1.2.113 of the UCI Regulations, the 3 best riders of each category must attend the official awards ceremony, any interviews organized and the press conference. Unless otherwise stated, riders shall appear at official ceremonies wearing competition clothing.

Riders must present themselves at the podium in a maximum of 10 minutes after crossing the finish line.





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5.1 Jersey and medals

Every European Championship will be awarded with:

The 1st place: Gold medal and Champion's jersey

The 2nd place: Silver medal The 3rd place: Bronze medal

Prize money list (Amounts in Euro):

	XCM – ELITE		
Place	Elite Men	Elite Women	
1st	€ 625,00	€ 625,00	
2nd	€ 375,00	€ 375,00	
3rd	€ 250,00	€ 250,00	

^{*}The prize money will be transferred by the UEC directly to the concerned National Federations.

ARTICLE 6. ANTIDOPING

The UCI antidoping regulations and the specific Portuguese Antidoping laws are entirely applicable to the event.

The antidoping tests will take place in: Casa Municipal da Cultura de Seia Av. Luís Vaz de Camões, 484, Seia

GPS 40.4217177,-7.7036268

(Google map link)

ARTICLE 7. PENALTIES

The UCI penalty scale is the only one applicable.

ARTICLE 8. RESPONSIBILITIES

The organizers and UEC will not, under any circumstances, be liable to any accidents or damage that occurs during training and competitions.

The organizers and UEC decline all responsibilities towards the riders and others in case of an accident.

For all cases not covered by these specific regulations, the UCI rules will apply. Any problems will be solved between the organizers, the Commissaires Panel and UEC officials.

MEN ELITE COURSE CHARACTERISTICS

Total length: 104 km Elevation gain: 3939 m





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Maximum slope: 26° Medium slope: 6.6°

WOMEN ELITE COURSE CHARACTERISTICS

Total length: 82.2 km Elevation gain: 3069 m Maximum slope: 24.6° Medium slope: 6.6°

MEN MASTERS 35 to 45 COURSE CHARACTERISTICS

Total length: 104 km Elevation gain: 3939 m Maximum slope: 26° Medium slope: 6.6°

WOMEN MASTERS COURSE CHARACTERISTICS

Total length: 73.3 km
Elevation gain: 2644 m
Maximum slope: ____0
Medium slope: ____0

MEN MASTERS 50 and + COURSE CHARACTERISTICS

Total length: 73.3 km
Elevation gain: 2644 m
Maximum slope: ____0
Medium slope: ____0

Lausanne (SUI), 14.02.2020





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Appendix 1 RACECOURSE MEN ELITE



Appendix 1.1 PROFILE MEN ELITE



Appendix 1.2 TIME TABLE

TIME TABLE Men Elite / Masters 35/40/45				
Start	Feed Zone	Distance (km)	Estimated time at 20 km/h	Estimated time at 25 km/h
Manteigas	FZ1 (Vale Amoreira)	17.9	0h54	0h43
FZ1 (Vale Amoreira)	FZ2 (Pousada S. Lourenço)	38.5	1h55	1h32
FZ2 (Pousada S. Lourenço)	FZ3 (C. Santo Estevão)	55.2	2h45	2h13
FZ3 (C. Santo Estevão)	FZ4 (Sra Espinheiro 1)	67.1	3h21	2h41
FZ4 (Sra Espinheiro 1)	FZ5 (Sra Espinheiro 2)	77.2	3h52	3h05
FZ5 (Sra Espinheiro 2)	FZ6 (Câmara Carga Vila Cova)	89.8	4h29	3h35
FZ6 (Câmara Carga Vila Cova)	Finish (Seia)	104	5h12	4h10



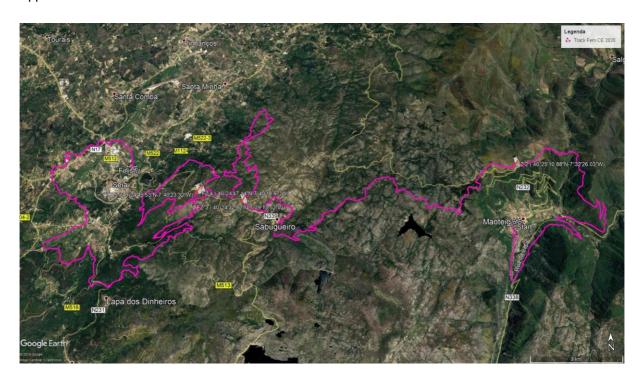




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RACECOURSE WOMEN ELITE Appendix 2



Appendix 2.1 PROFILE WOMEN ELITE



Appendix 2.2 TIME TABLE

TIME TABLE Women Elite				
Start	Feed Zone	Distance (km)	Estimated time at 17 km/h	Estimated time at 20 km/h
Manteigas	FZ2 (Pousada S. Lourenço)	16.5	0h58	0h49
FZ2 (Pousada S. Lourenço)	FZ3 (C. Santo Estevão)	33.2	1h57	1h40
FZ3 (C. Santo Estevão)	FZ4 (Sra Espinheiro 1)	45.2	2h39	2h16
FZ4 (Sra Espinheiro 1)	FZ5 (Sra Espinheiro 2)	55.3	3h15	2h47
FZ5 (Sra Espinheiro 2)	FZ6 (Câmara Carga Vila Cova)	68	4h00	3h24
FZ6 (Câmara Carga Vila Cova)	Finish (Seia)	82.2	4h50	4h07







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Appendix 3

WOMEN MASTERS / MEN MASTERS 50 AND +



Appendix 3.1 PROFILE WOMEN MASTERS / MEN MASTERS 50 AND +



Appendix 3.1 TIME TABLE

TIME TABLE Women Masters / Masters 50 and +				
Start	Feed Zone	Distance (km)	Estimated time at 14 km/h	Estimated time at 17 km/h
Manteigas	FZ2 (Pousada S. Lourenço)	16.5	1h10	0h58
FZ2 (Pousada S. Lourenço)	FZ3 (C. Santo Estevão)	33.2	2h22	1h57
FZ3 (C. Santo Estevão)	FZ4 (Sra Espinheiro 1)	45.2	3h14	2h39
FZ4 (Sra Espinheiro 1)	FZ6 (Câmara Carga Vila Cova)	58.9	4h13	3h28
FZ6 (Câmara Carga Vila Cova)	Finish (Seia)	73.3	5h14	4h19







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Appendix 4

ESTIMATED TRAVEL TIME BY CAR BETWEEN FEED ZONES

Support teams travel times between Feeding Zones				
Start Feed Zone		Travel distance (km)	Travel time (min)	
Manteigas	FZ1 (Vale Amoreira)	11	15	
FZ1 (Vale Amoreira)	FZ2 (Pousada S. Lourenço)	24.5	35	
FZ2 (Pousada S. Lourenço)	FZ3 (C. Santo Estevão)	15	20	
FZ3 (C. Santo Estevão)	FZ4 (Sra Espinheiro 1)	2.3	3	
FZ4 (Sra Espinheiro 1)	FZ5 (Sra Espinheiro 2)	0	0	
FZ5 (Sra Espinheiro 2)	FZ6 (Câmara Carga Vila Cova)	10	15	
FZ6 (Câmara Carga Vila Cova)	Finish (Seia)	6	10	

Appendix 5

USEFUL COORDINATES

Place/Venue	Lat	Long
Start	40°24'2.29"N	7°32'27.87"W
Finish	40°25'11.91"N	7°42'15.20"W
FEED ZONE 1	40°24'59.72"N	7°26'30.30"W
FEED ZONE 2	40°25'10.88"N	7°32'26.03"W
FEED ZONE 3	40°24'32.82"N	7°39'13.52"W
FEED ZONE 4	40°24'47.14"N	7°40'18.67"W
FEED ZONE 5	40°24'45.53"N	7°40'23.32"W
FEED ZONE 6	40°22'57.95"N	7°42'59.71"W
Podium	40°25'15.82"N	7°42'14.57"W
Paddock Teams 1	40°25'16.55"N	7°42'12.53"W
Paddock Teams 2	40°25'10.93"N	7°42'20.94"W
Antidopping control	40°25'17.88"N	7°42'12.48"W
Commissaires room	40°25'18.02"N	7°42'13.67"W
Media	40°25'18.18"N	7°42'12.12"W
Bicycle wash 1	40°25'16.17"N	7°42'12.74"W
Bicycle wash 2	40°25'8.93"N	7°42'19.94"W
Showers	40°24'46.33"N	7°42'53.76"W
wc	40°25'16.50"N	7°42'9.81"W
Hospital	40°25'16.07"N	7°41'44.72"W
Police (GNR)	40°24'43.33"N	7°42'35.53"W

Note: the GPS coordinates of the tracks will be available for download at http://www.euroxcm2020.com/



