



2021 UEC Mountain Bike Marathon European Championships (XCM)

Elite - Masters

**Evolène – Valais - Switzerland
20 June 2021**

Technical Guide

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U E C O f f i c i a l S u p p l i e r s

1. ORGANIZATION

The 2021 UEC MTB Marathon European Championships will be organized by "RAID EVOLENARD!".

1.1. LOCAL ORGANIZING COMMITTEE (LOC)

Event coordinator	Florian Chevrier
Courses Manager	Jean-Noël Gaspoz
Technical director	
& communication Manager	Stéphane Chevrier
Medical manager	Kris Broekaert
Food & Beverage	Frédéric Métrailler
Financial manager	Stéphane Gaspoz
Registration manager	Arnaud Gaspoz
Members	Fabrice Rossier
	Jean-Pierre Gaspoz
	Bérénice Georges
	François Georges

1.2. UEC REPRESENTATIVES

UEC Management Board	Mr Rocco Cattaneo (SUI), President Mr Alexander Gusyatnikov (RUS), Vice President Mrs Agata Lang (POL), Vice President Mr Henrik Jess Jensen (DEN), Vice President Mr Martin Wolf (GER), Member Mr Sahib Alakbarov (AZE), Member Mr Alasdair MacLennan (GBR), Member
UEC General Secretary	Mr Enrico Della Casa (ITA)
UEC Events Coordinator	Mr Vladimirov Petsas (GRE)
UEC MTB Commission	Mr Thierry Marechal (BEL), President Mrs Elena Valentini (ITA), Member Mr Henrik Hakala Dahle (NOR), Member Mr Jurgen Pail (AUT), Member
UEC Technical Delegate	tbc
UEC Press Officer	Mr Stefano Bertolotti (ITA)
UEC Photographer	tbc

1.3. COMPOSITION OF THE COMMISSAIRES PANEL

President of the Commissaires Panel	Mrs Bertomeu Bertomeu Beatriz (ESP)
Assistant of PCP	tba
Additional Commissaire	tba
Additional Commissaire	tba
Additional Commissaire	tba
Additional Commissaire	tba
Race Secretary (assistant of TD)	tba

Announcers tba

TIMEKEEPING

Official timekeeping MSO-Chrono

1.4. ANTIDOPING CONTROL

Doping control officer appointed by the ITA: Mr Armand Patrick

Doping control station location: Camping Mollignon
1984 Les Haudères
GPS : 46.0900700, 7.50626952

2. GENERAL INFORMATION

2.1. TRAVEL AND ACCOMMODATION

Travel and accommodation expenses to and from Evolène (SUI), must be covered by the National Federations and the Teams.

Nearest airports are:

Geneva Airport (GVA) – 183km to Evolène – aprox. 2h00m
Zürich Airport (ZRH) – 300km – aprox. 3h06m

You may find other means of transportation here:

<https://www.cff.ch>

Transportation from the above-mentioned airports to Evolène (SUI) and vice versa is possible to be arranged with the organizers for extra payment agreed mutually.

All participants must hold a valid passport or identity card. Visa obligations must be respected. All participants will need to conform to travel regulations related to the COVID pandemic as specified by the Swiss government and documented [here](#) and will need to conform to the COVID protocol of the Raid Evolénard that will be published on the race website.

All riders and attendants must hold insurance valid in Switzerland and should be covered for medical transfer in case of an accident.

Accommodation/Transportation - information

Through the website: <https://www.raidevolenard.ch>

Hotels / Accommodation List

Name	Contacts	E-mail
Hôtel		
Hôtel Aiguille de la Tza	+41(0)27 283 14 06	hotel@latza.ch
Hôtel Hermitage	+41(0)27 283 12 32	hotel.hermitage@bluewin.ch
Hôtel Col d'Hérens (Ferpècle)	+41 (0)27 283 11 54	contact@hotelferpecle.ch
Hôtel de la Sage	+41 (0)27 283 24 20	hoteldelasage@bluewin.ch
Hôtel Dents de Veisivi	+41 (0)27 283 11 01	veisivi@bluewin.ch
Hôtel Gîte Les Alpes	+41 (0)27 283 16 77	alpes.hauderes@bluewin.ch
La Pension du lac Bleu	+41 (0)27 283 11 66	contact@pension-du-lac-bleu.ch
Hôtel du Glacier	+41 (0)27 283 12 18	info@hotelduglacier.ch
Grand Hôtel & Kurhaus	+41(0)27 283 70 00	info@grandhotelkurhaus.com
Hôtel du Pigne	+41(0)27 283 71 00	hotel.pigne@bluewin.ch
Hôtel Arzinol	+41(0)27283 16 65	hotel.arzinol@bluewin.ch
Hôtel Les Mélèzes	+41(0)27 283 11 55	info@hotelmelèzes.ch
Hôtel des Haudères	+41(0)27 283 15 41	hoteldeshauderes@bluewin.ch
Hôtel La Pension d'Evolène	+41(0)27 283 11 51	info@pensionevolene.ch
Hôtel Eden	+41(0)27 283 18 18	info@edenalp.ch
Bed&Breakfast		
Chambres d'hôtes La Monatanara	+41 (0)27 283 12 26	info@lamontanara-evolene.ch
B&B "Grand Pra"	+41 (0)76 615 78 82	christine.grandpra@bluewin.ch
Ferme de Clos-Lombard B&B La Péniche	+41 (0)79 564 12 67	mcpannatier@netplus.ch
B&B Balcon d'Hérens	+41 (0)79 359 80 12	patricia.forclaz@bluewin.ch
Chambres d'hôtes Les Ecureuils - Arolla	+41 (0)78 600 13 78	mm.fauchere@bluewin.ch
Logement de groupe		
Anakolodge	+41 (0)75 413 50 04	info@anakolodge.ch
Ferme de Clos-Lombard B&B La Péniche	+41 (0)79 564 12 67	mcpannatier@netplus.ch
Chalet NIVA (individual room available with food)	+41 (0)27 283 22 24	info@laniva.ch
Chalet NIVA (individual room available with food)	+41 (0)27 283 22 24	info@laniva.ch
Chambres d'hôtes Les Ecureuils - Arolla	+41 (0)78 600 13 78	mm.fauchere@bluewin.ch
Colonie La Cordée	+41 (0)79 310 62 30	sam@cordee.ch
Chalet le Sporting - Arolla	+41 (0)27 283 14 06	info@latza.ch
Camping		
Evolène	+41 (0)27 283 11 44	info@camping-evolene.ch
Molignon	+41 (0)27 283 12 40	info@molignon.ch
Arolla	+41 (0)27 283 22 95	https://www.camping-arolla.com

For more information on accommodation and transportation you can contact:

Evolène Région Tourisme: <https://www.evolene-region.ch/en/>

Telephone: [+41 \(0\) 27 283 40 00](tel:+41272834000)

E-mail: info@evolene-region.ch



Hérens Tourisme: <https://www.valdherens.ch/en/index.htm>

Sion Tourisme : <https://siontourisme.ch/index.php/en/where-to-sleep-mob>

Visas

Each Federation is responsible for obtaining documents for their delegation appropriate entries.
For all invitation letter requests, please contact the UEC: mail@uec.ch

TEAM AREA BOOKING

In order to reserve a team area, please send an email at info@raidevolenard.ch

2.2. MEDICAL – EMERGENCY - LOCAL AUTHORITIES

OFFICIAL RACE DOCTOR:

Dr. Manuel Pernet
Tel. +41 79 760 34 78

HOSPITALS:

Hopital de Sion
Address: Avenue du Grand Champsec 80,
1951 Sion
T. +41 (0)27 603 40 00

EMERGENCY AMBULANCE

Organisation Cantonale Valaisanne des Secours (OCVS)
Address: Rue de Plantzette 53
3960 Sierre
T. 144

POLICE

Police cantonale valaisanne
Address: Avenue de France 69 - 1950 Sion
T. +41 (0)27 326 56 56

2.3. TEAMS / OFFICIALS / PRESS ACCREDITATION

Teams and officials' accreditations can be collected starting from Friday, 18^h of June at the permanence offices, located at the:

Evolène Région Tourisme
Place Clos Lombard 6
1983 Evolène
GPS: 46.111472, 7.498326

according to the schedule below.

Please ensure that you collect your accreditation before arriving at the venue as it will be required for access to all parts of the venue.

Accreditations must be worn and visible whenever you pass through accreditation controls.



2.4. PERMANENCE OPENING HOURS SCHEDULE

Friday, 18 th June	08:30 – 12:00 /13:30 – 17:30
Saturday, 19 th June	08:30 – 12:00 /13:30 – 17:30
Sunday, 20 th June	08:30 – 12:00 /13:30 – 17:30

2.5. MEDIA

MEDIA PERMANENCE – UEC PRESS CENTER

In order to access the UEC Press Centre, **accreditation** is necessary. The UEC Press Centre is located in :

Hérens Arena
1984 Les Haudères
GPS: 46.086370352713494, 7.506587403713433

MEDIA PERMANENCE – UEC PRESS CENTER OPENING HOURS

Saturday, 19 th June	09:00 – 20:00
Sunday, 20 th June	09:00 – 18:00

Accredited media photographers bib's, can be collected during the above-mentioned opening hours.

MIXED ZONE

At the exit of the course after the finish line, UEC will organize a Mixed Zone where media can have a short interview with riders they wish to do so.

FLASH INTERVIEW TENT

Next to the Awards Ceremony podium, UEC will organize a flash interview tent open for the media.

MEDIA ACCREDITATION

To apply for media accreditation, please visit the UEC website (www.uec.ch dedicated page).

All Media can collect their accreditation during opening hours accreditation centre as described in **paragraph 2.3 above**

For any further enquiries please contact: Mr Stefano Bertolotti - s.bertolotti@uec.ch



3. OFFICIAL MEETINGS

COMMISSAIRES PANEL MEETING

Saturday, 19th June **20.00 – 21.00**

CONFIRMATION / LICENCE CHECK / DISTRIBUTION OF RACE NUMBERS

The license check, the initial confirmation of riders, the check of the national teams clothing the distribution of race numbers will be organized on

Friday, 18th June **16.00 – 17.00**
Saturday 19th June **16.00 – 18.00**

At the race headquarters located at:

Centre scolaire
1983 Evolène
GPS: 46.109627, 7.497374

Team managers must confirm all starters, presenting all licences and providing a sample of the national teams' apparel.

Riders' numbers will be distributed during that procedure. Maximum representation of two representatives per team is requested to attend that meeting.

TEAM MANAGERS MEETING

Saturday, 19th June at 19.00 For all races, all age categories.

Team managers meeting room:

Centre scolaire
1983 Evolène
GPS: 46.109627, 7.497374

Attendance is required for:

- LOC representative
- UCI and Additional Commissaires
- Team Managers
- CADF Doping Control Officer
- UEC Technical Delegate

3. COMPETITION SCHEDULE

Sunday, 20th June 2020

MTB Marathon European Championships

Category	Start time	Race distance
Women Elite	09.00	70 km
Women Masters	09.03	65 km
Men Masters 50 and +	09.06	65 km
Men Elite	09.30	78 km
Men Masters U 35/40/45	09.35	78 km

Starting point:

Evolène Rue Centrale
GPS: 46.113113, 7.495181

The race will start in Evolène and finish in Les Haudères. The two venues are located 4 km from each other (approximately 10 min drive by car).



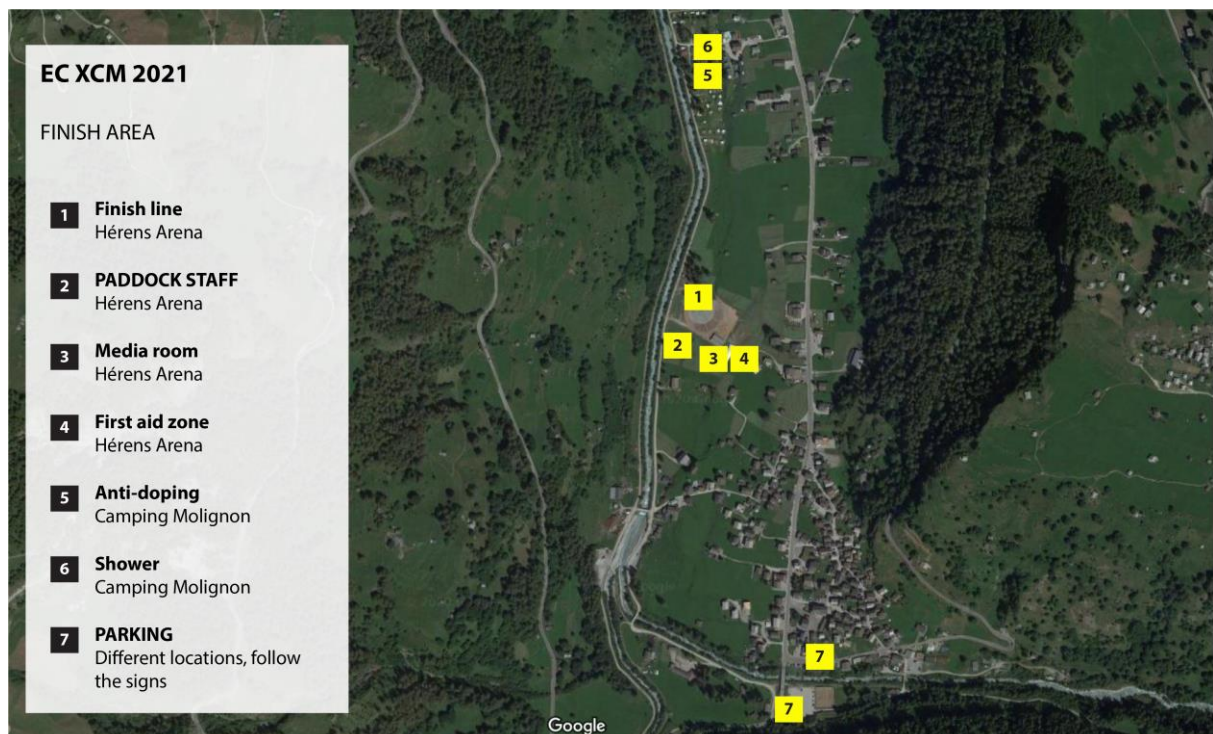
The venue

Start area: Evolène



The road across the village will be closed to traffic from 8:30 am to 10:30 am

Finish line: Hérens Arena – Les Haudères



4. RACE SPECIFIC REGULATIONS

ARTICLE 1. GENERAL RULES

1.1 The 2021 UEC MTB Marathon European Championships are organized by the Union Européenne de Cyclisme (UEC) in cooperation with RAID EVOLENARD and Swiss Cycling.

Technical director: **Mr. Stéphane Chevrier**

1.2 All participants will need to conform to travel regulations related to the COVID pandemic as specified by the Swiss government and documented [here](#) and will need to conform to the COVID protocol of the Raid Evolenard that will be published on the race website.

1.3 The event will be organized in accordance with rules of the Union Cycliste Internationale (UCI) and these rules will be the reference for everything that is not mentioned in the current document.

1.4 The UEC MTB Marathon European Championships consist of the following races:
MTB Marathon (XCM) on the 20th of June 2021.

ARTICLE 2. TYPE OF THE EVENT

2.1 The event is open to athletes in the following categories:

- ✓ **MTB Marathon Men Elite**
- ✓ **MTB Marathon Women Elite**
- ✓ **MTB Marathon Masters Men**
Aged: 35-39 / 40-44 / 45-49 / 50-54 / 55-59 / 60-64 / 65-69 / 70-74 / 75+
- ✓ **MTB Marathon Masters Women**
Aged: 35-39 / 40-44 / 45-49 / 50-54 / 55-59 / 60+

2.2 It is entered on the UCI calendar as a Continental Championships event (CC) and Masters Continental Championships (CCM)

2.3 The following final classifications will be produced:

- 1. Men Elite***
- 2. Women Elite***
- 3. All Masters categories***

**The 3 best riders of each category must attend the official awards ceremony.*



ARTICLE 3. PARTICIPATION

3.1 National teams (Elite riders only)

National Federations may enter the following riders per Championship **free of charge**:

Women Elite – max. 3 riders

Men Elite – max. 3 riders

The National Federations have to register their riders directly on the UEC website (www.uec.ch).

NATIONAL TEAMS: Deadline for the registration:

Monday 10th June 2021 (24:00 CET)

Applies to riders, staff and NF Official Delegates

Riders must compete in their national jersey.

3.2 Other riders (ELITE & MASTERS)

In accordance with the UCI regulations, the participation is open for European riders only with an annual licence issued by a National Federation affiliated to the UCI.

Registration through the online registration form here:

<https://www.endu.net/en/events/uec-mtb-marathon-masters-european-championships-37/>

ELITE & MASTERS: Registration fee:

€ 45,00 by the 31 March 2021
€ 55,00 by the 30 April 2021
€ 65,00 by the 10 June 2021

OTHER RIDERS (Elite & Masters): The registration will open on Monday, 1 March 2021 (12:00 CET)

Last Deadline for registration: 10th June 2020 (24:00 CET)

Note: in case of cancellation the entry fee will be refunded with the exception of 10 euro to cover administrative costs

3.3 Start order

The start order will be made up by applying UCI/UEC regulations.

The riders line up in the order in which they are to be called to the start line.

The number of riders on each line is decided by the President of the commissaires' panel and supervised by a commissaire.



The rider himself decides which position on the line to take.

3.4 Start grid ELITE RIDERS

The start grid will be determined according to the UCI MTB Regulations article 4.02.061 as follows :

1. As per the latest UCI MTB Marathon series ranking
2. As per the latest UCI XCO individual ranking
3. Unclassified riders by drawing lots

3.5 Start grid MASTERS RIDERS

The start order for all Masters categories will be as follows:

1. defending European champion 2019 of the categories concerned, younger categories first.
2. according to the order of the on-line registration

ARTICLE 4. TECHNICAL ASSISTANCE

The following UCI Regulations will be applicable:

4.2.044 No rider may turn back on the course to reach a feed/technical assistance zone. Any rider doing so is disqualified. Only within the feed/technical assistance zone itself, a rider may turn back without obstructing other competitors.

4.2.045 Technical assistance during a race is permitted subject to the conditions below.

4.2.046 Authorised technical assistance during a race consists of repairs to or the replacement of any part of the bicycle other than the frame.

Bike changes are not permitted, and the rider must cross the finishing line with the same handlebar number plate that he/she had at the start.

4.2.047 Technical assistance can only be given in the feed/technical assistance zones.

4.2.048 Spare equipment and tools for repairs must be kept in these zones. Repairs and equipment changes can be carried out by the rider himself or with the help of a teammate, team mechanic or neutral technical assistance.

4.2.049 In addition to technical assistance in feed zones, technical assistance is permitted outside these zones only between riders who are members of the same UCI ELITE MTB team, UCI MTB team or of the same national team / nation.

Riders may carry tools and spare parts provided that these do not involve any danger to the rider himself or the other competitors.



ARTICLE 5. AWARDS CEREMONIES

In accordance with articles 1.2.112 and 1.2.113 of the UCI Regulations, the 3 best riders of each category must attend the official awards ceremony, any interviews organized and the press conference. Unless otherwise stated, riders shall appear at official ceremonies wearing competition clothing.

Riders must present themselves at the podium in a maximum of 10 minutes after crossing the finish line.

5.1 Jersey and medals

Every European Championship will be awarded with:

The 1st place: Gold medal and Champion's jersey

The 2nd place: Silver medal

The 3rd place: Bronze medal

Prize money list (Amounts in Euro):

Place	XCM – ELITE	
	Elite Men	Elite Women
1st	€ 625,00	€ 625,00
2nd	€ 375,00	€ 375,00
3rd	€ 250,00	€ 250,00

**The prize money will be transferred by the UEC directly to the concerned National Federations.*

ARTICLE 6. ANTIDOPING

The UCI antidoping regulations and the specific Swiss Antidoping laws are entirely applicable to the event.

The antidoping tests will take place in:

Camping Molignon

1984 Les Haudères

GPS : 46.0900700, 7.50626952

ARTICLE 7. PENALTIES

The UCI penalty scale is the only one applicable.

ARTICLE 8. RESPONSIBILITIES

The organizers and UEC will not, under any circumstances, be liable to any accidents or damage that occurs during training and competitions.



The organizers and UEC decline all responsibilities towards the riders and others in case of an accident.

For all cases not covered by these specific regulations, the UCI rules will apply. Any problems will be solved between the organizers, the Commissaires Panel and UEC officials.

MEN ELITE COURSE CHARACTERISTICS

Total length: 78 km
Elevation gain: 3900 m
Single Track: 36%
Altitude max: 2487m.above sea level
Altitude min: 1342 m. above sea level

WOMEN ELITE COURSE CHARACTERISTICS

Total length: 70 km
Elevation gain: 3420 m
Single track: 30%
Altitude max: 2487 m. above sea level
Altitude min: 1342 m. above sea level

MEN MASTERS 35 to 45 COURSE CHARACTERISTICS

Total length: 78 km
Elevation gain: 3900 m
Single Track: 36%
Altitude max: 2487m.above sea level
Altitude min: 1342 m. above sea level

WOMEN MASTERS COURSE CHARACTERISTICS

Total length: 65 km
Elevation gain: 2992 m
Single Track: 27%
Altitude max: 2287m. above sea level
Altitude min: 1342 m. above sea level

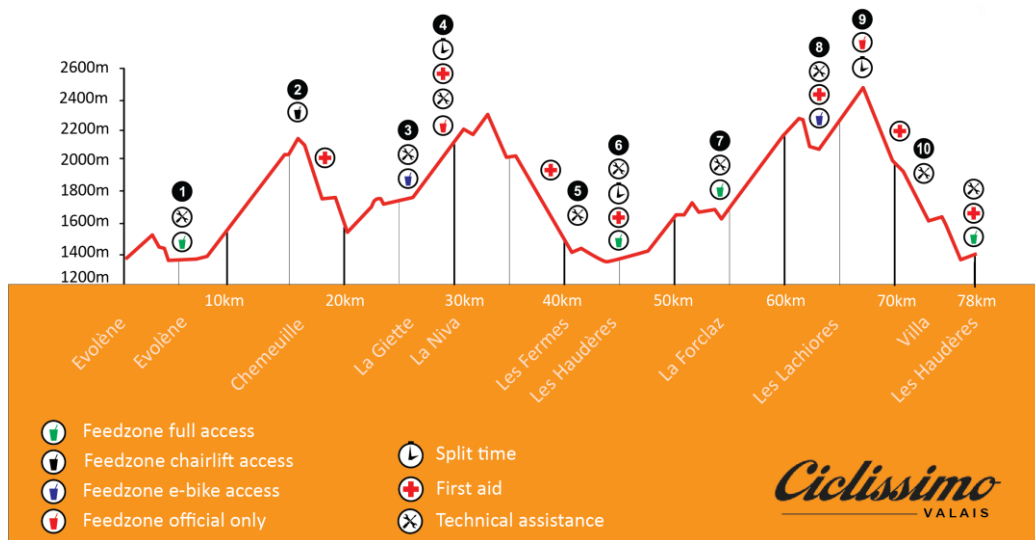
MEN MASTERS 50 and + COURSE CHARACTERISTICS

Total length: 65 km
Elevation gain: 2992 m
Single Track: 27%
Altitude max: 2287m. above sea level
Altitude min: 1342 m. above sea level



Appendix 1

RACE COURSE MEN ELITE



Only basic mechanic repair can be done on the track

Appendix 1.2

TIME TABLE

TIME TABLE Men Elite / Masters 35/40/45							
Feed zone location	Distance	High speed	Split time	Time	Medium speed	Split time	Time
Evolène	0		0	09:30:00		0	09:30:00
Evolène (après première)	4.5	24.5	11	09:41:00	18.0	15	09:45:00
Chemeuille	16	17.3	40	10:21:00	13.3	52	10:37:00
La Gietty	26	15.0	40	11:01:00	10.9	55	11:32:00
La Niva	30	16.0	15	11:16:00	9.2	26	11:58:00
La Gouille	38	12.6	38	11:54:00	9.2	52	12:50:00
Les Haudères	46	26.7	18	12:12:00	18.5	26	13:16:00
La Forclaz	54	22.9	21	12:33:00	17.8	27	13:43:00
Le Tsaté	59	13.0	23	12:56:00	9.4	32	14:15:00
Les Lachioires	63	21.8	11	13:07:00	16.0	15	14:30:00
Béplan	68	16.7	18	13:25:00	11.5	26	14:56:00
Les Haudères	78	26.1	23	13:48:00	17.1	35	15:31:00

Appendix 2

RACE COURSE WOMEN ELITE



Only basic mechanic repair can be done on the track

Appendix 2.2

TIME TABLE

TIME TABLE Women Elite							
Feed zone location	Distance	High speed	Split time	Time	Medium speed	Split time	Time
Evolène	0		0	09.00 h		0	09.00 h
Evolène (après première)	4.5	19.3	14	09.14 h	15.0	18	09.18 h
Chalet-Vieux	13.5	13.5	40	09.54 h	10.4	52	10.10 h
La Gietty	19.5	20.0	18	10.12 h	22.5	16	10.26 h
La Niva	24.5	15.0	20	10.32 h	10.0	30	10.56 h
Les Haudères	39.5	22.5	40	11.12 h	16.4	55	11.51 h
La Forclaz	46	13.0	30	11.42 h	9.3	42	12.33 h
Le Tsaté	51	10.0	30	12.12 h	7.5	40	13.13 h
Les Lachiores	55	17.1	14	12.26 h	12.0	20	13.33 h
Béplan	60	14.3	21	12.47 h	10.0	30	14.03 h
Les Haudères	70	24.0	25	13.12 h	17.1	35	14.38 h

Appendix 3

RACE COURSE WOMEN MASTERS / MEN MASTERS 50 AND +



Only basic mechanic repair can be done on the track

Appendix 3.1

TIME TABLE

TIME TABLE Master Men Masters 50+ Women Masters							
Feed zone location	Distance	High speed	Split time	Time	Medium speed	Split time	Time
Evolène	0		0	09.10 h		0	09.10 h
Evolène (après première)	4.5	19.3	14	09.24 h	15.0	18	09.28 h
Chalet-Vieux	13.5	13.5	40	10.04 h	10.4	52	10.20 h
La Gietty	19.5	20.0	18	10.22 h	22.5	16	10.36 h
La Niva	24.5	15.0	20	10.42 h	10.0	30	11.06 h
Les Haudères	39.5	22.5	40	11.22 h	16.4	55	12.01 h
La Forclaz	46	13.0	30	11.52 h	9.3	42	12.43 h
Le Tsaté	51	10.0	30	12.22 h	7.5	40	13.23 h
Les Haudères	65	24.0	35	12.57 h	18.7	45	14.08 h

Appendix 4 ESTIMATED TRAVEL TIME BY CAR BETWEEN FEED ZONES

The mountainous and rural character of the Raid Evolenard makes access to all feedzones challenging and also means that time required to travel from one feed zone to the next can be longer on alternative roads than on the race track. The organization of the race therefore has developed a variety of feed zone options that support teams are encouraged to study and utilize at their convenience:

1. All feedzones will be equipped and managed by the race organization with water, sports drink, energy bar, fruits. A plan with the exact display of the food and beverage will be available on the website of the race.
2. The access to the feedzone is regulated as follows:
 - CABLE CAR: Feedzone accessible by support staff using the cable car only (cable car Lanna – Chemeuille: 20min)
 - E-BIKE: Feedzone accessible by support staff with an e-bike (not accessible by car!).
 - CAR: Feedzone accessible by support staff with a car
 - Official only : the access to the Feedzone overlap with the race track. As a consequence the access to this feedzone is restricted to the organizers only. (Feedzone 4. La Niva, all tracks, Feedzone 9 Béplan, 78km and 70km routes)

In some places the access to the feedzones cuts the race track. Please be careful!

Support teams travel times to Feed / Tech zones			
Feed / Tech zones	Travel type	Time	Distance
1. Evolène	na	00:00:00	0km
2. Chemeuille (Feed zone only)	Car (2km) chair lift	40 min from Evolène (the road is to go to the chairlift is closed from 9-10am)	10km
3. La Gietty	e-bike	30 min from Les Haudères	5km
4. La Niva (Feed zone only)	Not accessible		
5. Les Fermes (Tech zone only)	walking/e-bike	10 minutes walk from les Haudères	500m
6. Les Haudères (Hérens Arena)	car/e-bike	10 min from Evolène by car	4 km
7. La Forclaz	car/e-bike	15 min from Les Haudères by car	5km
8. Les Lachiores	e-bike	30 min from Villa by e-bike	5km
9. Béplan (Feed zone only)	Not accessible		
10. Villa (Tech zone only)	car	15 min from Les Haudères by car	4km

A detailed plan of the key coordinate as well as the information to access them is available here:
https://www.google.com/maps/d/edit?mid=1399f8QjHHJaXHiDzuYTPOeW4bTp_MAw1&usp=sharing