

Mercedes-Benz

UCI

MOUNTAIN BIKE
WORLD CUP

LENZERHEIDE
SWITZERLAND



BIKE
KINGDOM
GAMES

Lenzerheide



Team Guide

MERCEDES-BENZ
UCI MOUNTAIN BIKE WORLD CUP
LENZERHEIDE (CH)

3. – 5. SEPTEMBER 2021

WATCH ON



SKIP

TITLE PARTNER



MAIN PARTNERS

SHIMANO

OKK

OFFICIAL PARTNERS

OAKLEY

GoPro

vittoria

graubünden swiss

comercard

MOTORIX

OFFICIAL HOST

BIKE KINGDOM
Lenzerheide

Verein Bike Weltcup Lenzerheide
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General Information

Event Schedule

XCO XCC DHI

WEDNESDAY			08:30 – 11:00	Downhill Course Inspection by UCI
			08:30 – 09:30	World Cup Riders Confirmation >>> UCI ELITE MTB Teams
			09:30 – 11:00	World Cup Riders Confirmation >>> UCI MTB Teams
			11:00 – 14:00	World Cup Riders Confirmation >>> All riders
			13:00 – 14:00	On Foot Downhill Course Inspection – Elite Teams
			14:00 – 16:00	On Foot Downhill Course Inspection – All riders
			15:00 – 17:00	XCO and XCC Course Inspection by UCI – Course closed for riders
			17:00	Meeting UCI/OC/RBMH
THURSDAY			08:00 – 10:00	World Cup Riders Confirmation >>> All riders - Final Confirmation DHI
			12:00 – 14:00	Official XCO Training >>> Reserved for women
			14:00 – 16:00	Official XCO Training >>> Reserved for men
			08:45 – 11:15	Official Downhill Training >>> Group B
			11:30 – 12:45	Official Downhill Training >>> Group A and B (mixed training)
			12:45 – 15:15	Official Downhill Training >>> Group A
			15:30 – 17:00	Downhill Timed Training Session >>> World Cup Top 60 Men Elite, Top 15 Women Elite, Top 10 Men Juniors and Top 3 Women Juniors
			17:00 – 17:45	On Foot Downhill Course Inspection - Riders / Teams
FRIDAY			18:30	Meeting UCI/OC/RBMH
			08:45 – 10:15	Official Downhill Training >>> Group B
			10:15 – 11:45	Official Downhill Training >>> Group A
			08:30 – 10:00	World Cup Riders Confirmation >>> Final Confirmation XCO/XCC
			09:30 – 11:00	Official XCO Training >>> Reserved for women
			11:00 – 12:30	Official XCO Training >>> Reserved for men
			12:30 – 14:30	Official XCO Training >>> All riders
			12:15	World Cup Downhill – Seeding Run – Women Juniors
			12:30	World Cup Downhill – Qualifying Round – Men Juniors
			13:30	World Cup Downhill – Qualifying Round – Women Elite
			14:00	World Cup Downhill – Qualifying Round – Men Elite
				30 minutes On Foot Downhill Course Inspection - Riders / Teams
			15:45 – 16:30	Official XCC Training >>> Reserved for Women
			16:30 – 17:15	Official XCC Training >>> Reserved for Men
			17:30	World Cup Cross-country Short Track – Women
			18:15	World Cup Cross-country Short Track – Men
SATURDAY			19:00	Meeting UCI/OC/RBMH
			08:15 – 09:15	Official Downhill Training >>> Women Juniors, Men Juniors and Women Elite qualified for the final
			09:30 – 11:30	Official XCO Training >>> Reserved for women
			11:30 – 13:30	Official XCO Training >>> Reserved for men
			13:30 – 14:30	Official XCO Training >>> All riders
			09:45	World Cup Downhill - Final – Men Juniors
			10:30	World Cup Downhill - Final - Women Juniors
			10:50 – 11:05	Official Downhill Training >>> Women Elite qualified for the final
			11:05 – 12:05	Official Downhill Training >>> Men Elite qualified for the final
			12:30	World Cup Downhill - Final – Women Elite
SUNDAY			13:30	World Cup Downhill - Final - Men Elite Followed by awards ceremony for all categories
			17:30	Meeting UCI/OC/RBMH
			08:30	World Cup Cross-country Olympic - Women Under 23
			10:15	World Cup Cross-country Olympic - Men Under 23
			12:20	World Cup Cross-country Olympic - Women Elite Followed by Awards WU/MU
			14:50	World Cup Cross-country Olympic - Men Elite Followed by Awards WE/ME

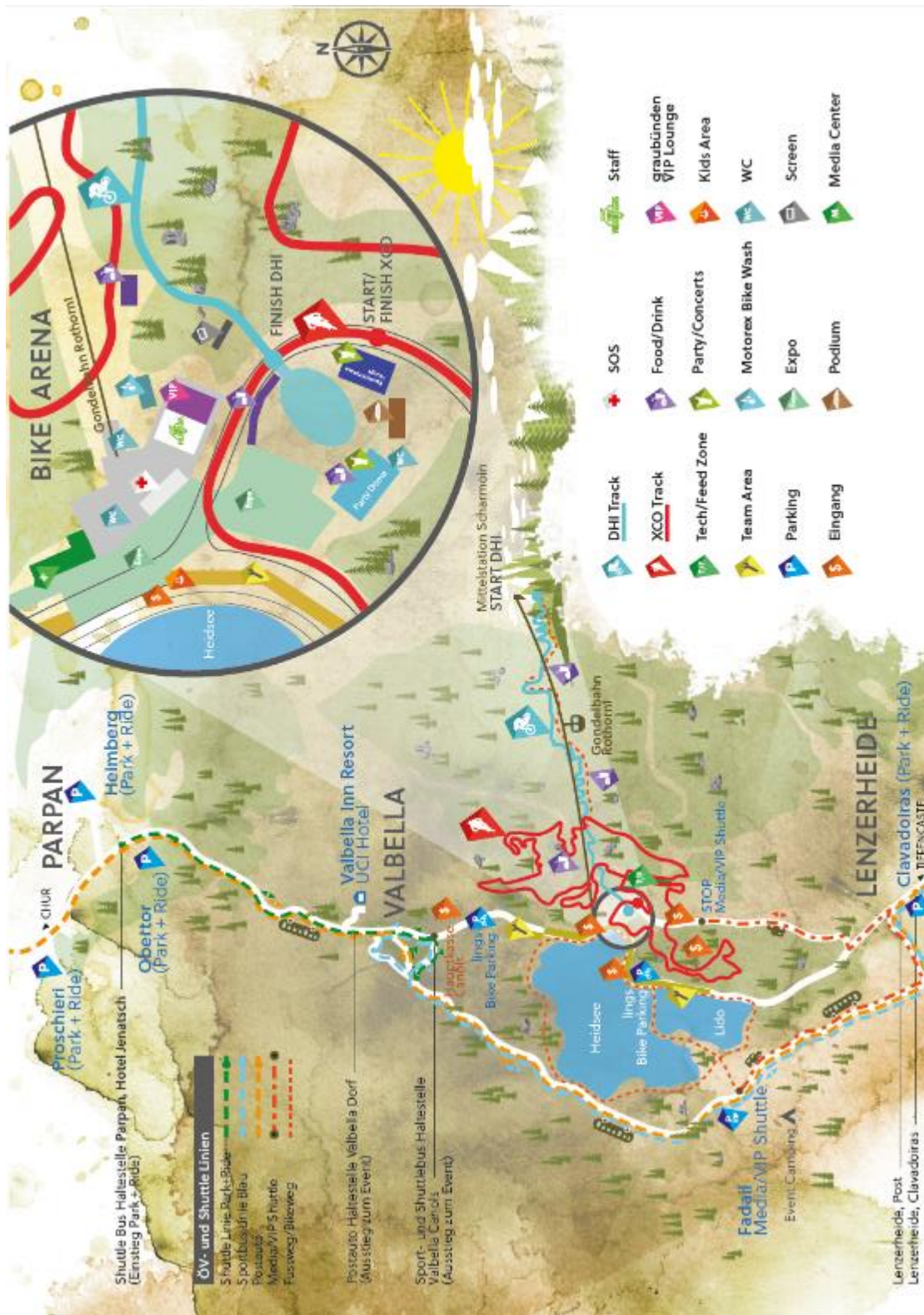


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Overview Plan



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Access to the Team Area and Setup

All teams **must** visit the Check Point to get the access pass to the team area.

The Check Point is situated on a parking space in Valbella. GPS Position: 46°44'53.2"N 9°33'20.8"E or click on the [Link](#) for a google routing from Zürich to the Check Point.

From the Check Point you will be guided by signs and our staff.



The Check Point is open:

Tuesday, 31. August	2 pm - 6 pm	(!!not before!! Not later!!)
Wednesday, 1. September	8 am - 6 pm	
Thursday, 2. September	8 am - 6 pm	
Friday, 3. September	7 am - 8 am	(!! Not later!!)

If you arrive already on Monday, you can park on Fadail over night.

If you arrive outside those hours, park at your hotel or Parking Fadail and return to the Check Point the next morning.

All team pits must be ready by Friday 10.00 am

From Tuesday 2.00 pm to Friday 9.00 am it is possible **to enter and leave** the team area with cars, but only from the south and with the access pass. (See pink arrow on the plan!).



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From Friday 9.00 am until Sunday 7.00 pm access with cars is only possible outside event hours (trainings/qualifications/races/ceremonies).

On Saturday and Sunday you must enter before 7.30 in the morning.

After that time, the entries will be blocked and guarded by security/police.

There will be no exceptions.

Parking Pass for private cars of team members

Cars can be parked in the Team parking area. The team and expo parking is located approximately 1.5 km from the venue on Parking Fadail and is only accessible with a parking pass.

You receive those parking passes with the accreditation. Please leave your cars at your accommodation.

Your position on the plan

All Federations, Teams, Exhibitors, Sponsors and Partner are given a specific position in the expo or team area. The size is according to your booking. **You must stay within the marked area.**

The Team Area is divided in:

- Elite Teams
- MTB Teams
- National Federations
- Expo

Team Areas in Lenzerheide

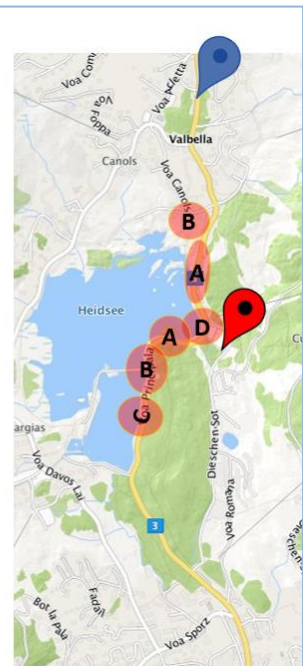
The Team Area is divided in different sections

- A DHI & XCO UCI ELITE Teams
- B (ELITE), UCI MTB Teams and TECH Alley
- C NATIONAL Teams (**< 6 m depth**)
- D EXPO

Check-Point - Access to ALL Team Areas **ONLY** via Check-Point



Start/Finish Area



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Race Tracks

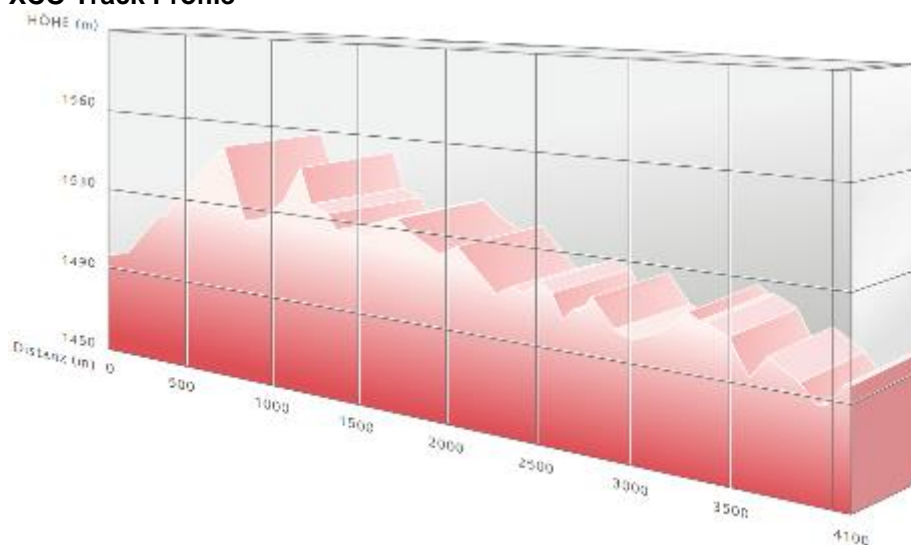
XCO Track



Length 4'100 m
Height difference per lap: 190 m
Start / Finish, Bike Arena 1'485 m

The XCO track is closed until Thursday 2. September. Trainings are possible according to the UCI schedule. Not outside this hours.

XCO Track Profile



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MAIN PARTNERS



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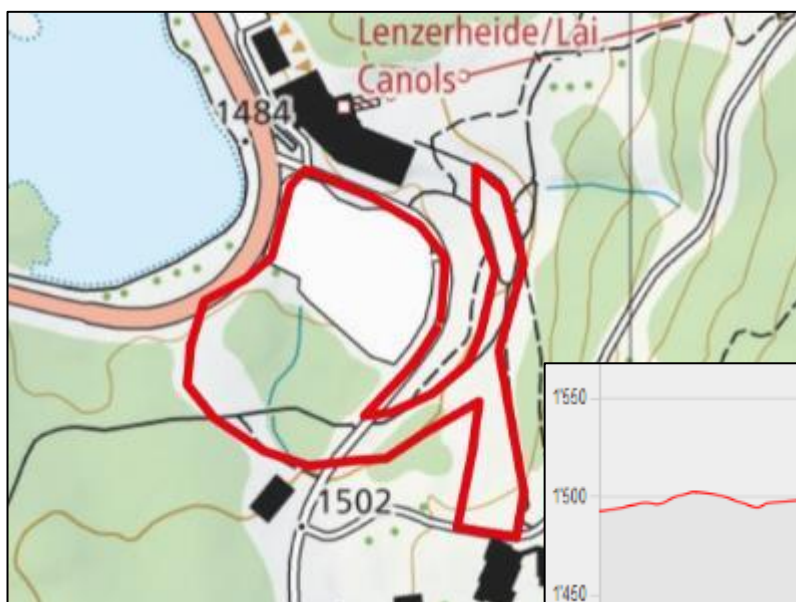


XCC Track

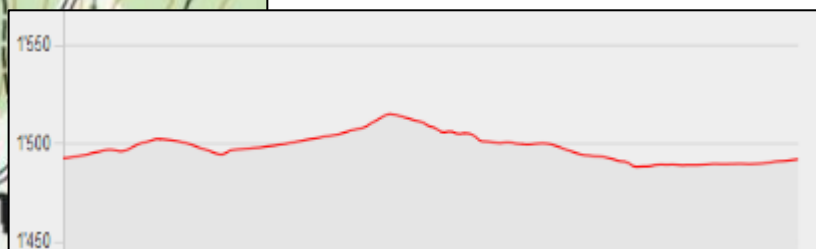
Start Loop



Standard Loop



Profile



Length 1'001 m
Height difference per lap: 38 m
Start / Finish, Bike Arena 1'485 m

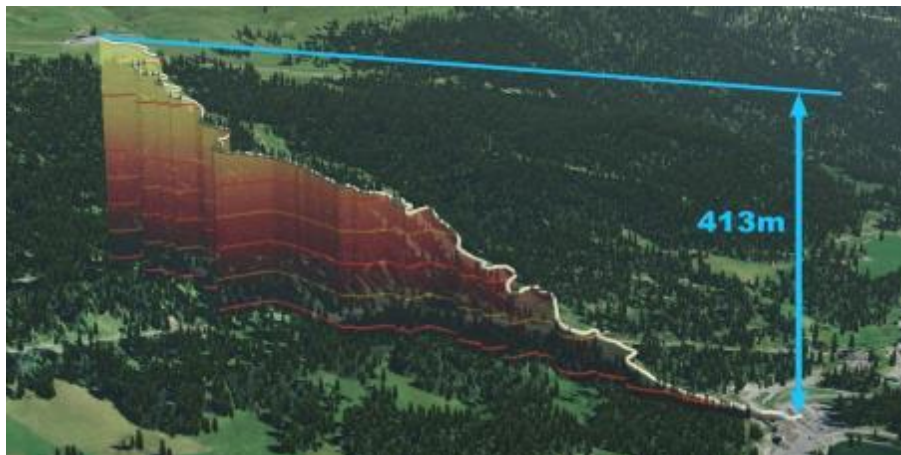


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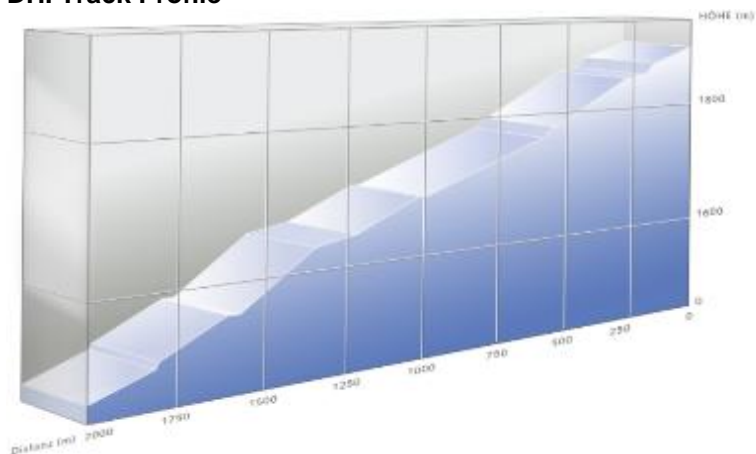
DHI Track (STRAIGHTline)



Length: 2'200 m
Start: Middle station Scharmoir 1'900 m
Finish: Bike Arena, Station Rothorn 1'485 m
Descent: 413 m
Ø decline: 23%

The DHI Race will be held on the STRAIGHT-line at the Bikepark Lenzerheide. The track is closed due to construction and maintenance the 2 weeks before the event. Trainings are possible from Thursday, 2. September, according to the UCI schedule. The weekend before the Event the park is open to the public. Not the DHI course.

DHI Track Profile



Rider's Protection (SWISS CYCLING REGULATION)

For all trainings and races a **FULL FACE HELMET, BACK and KNEE PROTECTION and GLOVES** are compulsory.

Cable Car: You get free access to the cable car but only if you have a number plate on your bike. Please note that the access is through the back of the building. Not via the escalator.

WARM UP: The athletes can warm up in the gondola hall at the middle station Scharmoir next to the start of the downhill course.

Toilets: Please use the toilets provided. There are toilets right at the DHI start and also in the building of the gondola.



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Income tax for prize money

Prize money will be paid in cash between 30 minutes and 90 minutes after the award ceremony in the race office. If the money is not picked up after 90 minutes it remains with the LOC.

In Switzerland income tax has to be paid for prize money and will be deducted from the prize money.

Prize money	Income tax rate
Under CHF 300.-	0%
CHF 301.- to CHF 1'000.-	14.4 %
CHF 1'001.- to CHF 3'000.-	17.0 %
CHF 3'001.- and more...	19.0%

Anti-doping control

The anti-doping control is located in the grey building next to the gondola station. Riders who have to undertake a control will be picked up by a chaperon under the control of a DCO and have to do the control directly after the race.

Rescue / Medical Assistance

A medical team will be in attendance during all official practice and competition times.

The medical team will consist of doctors, paramedics and first responders. These resources will be located on courses as well as at the event medical centre located in the Bike Arena.

Information about athletes, who are under treatment or in the hospital, will only be given to the team captain or a family member. This person must be identified by the rainbow pass or ID. You will get such information in the SOS centre situated in the cable car station.

Local Medical Crew: +41 385 55 55

General Swiss emergency number: 144

Award Ceremonies

Flower Ceremonies (DHI, XCC and XCO)

The flower ceremony will take place directly after each race.

The first three riders will be honoured.

Award Ceremonies DHI, Saturday, 4th September 2021

All award ceremonies will be held after Men's final. The top 5 riders of the Elite and the top 3 of the Junior categories as well as the team of the day have to be present.

Award Ceremonies XCO, Sunday, 5th September 2021

- Approx. 13:35 for Women U23 and Men U23 (after XCO Elite Women)
- Approx. 16:10 for Women Elite und Men Elite (after XCO Elite Men)

The top 5 riders of the Elite categories and the top 3 riders of the U23 categories must be present.

The team awards (best team of the day & leading team) will be awarded within its category (Men Elite and Women Elite).

Race Office

The Race Office is located next to the gondola station and will provide team managers and participants with race relevant information.



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UCI Communiqués, Starting lists and results will not be printed on paper. They are available on the UCI website (www.uci.ch) and will be posted on Info boards. There is free WiFi available in the Start/Finish Area and the in the Team Area.

Road closure

The main road along the lake is completely closed for all traffic during the UCI MTB World Cup. The road is closed from 30th September to 6th September 2021.

Tickets and Access to the venue

From Friday to Sunday all visitors have to buy a ticket. ONLY ONLINE-Tickets are available. Teams and Riders will get access with their **team wristband distributed at the accreditation**.

Access to the Team Area for Team trucks/vans

The team area is only for team trucks and vans. Every Truck / Van / Car entering the team area must have an access pass. This pass will be issued at the Check Point. Without this pass, you will not be able to access the team area.

MOTOREX Bike Wash Station

A bike wash station will be on-site. Five boxes with two hoses each are available to wash bikes. MOTOREX will provide cleaning products.



There are showers with hot water right next to the football field in the wooden building.

Waste / Rubbish

General waste and recycling bins are located throughout the venue. Please ensure that your team space is clean and free of rubbish.

Power

If you booked power you will get your badge to connect your cable at the Check Point.

Bring swiss plugs and at least 50m of cable.

Tents

All tents must be suitably weighted (on closed surfaces) or pegged (only on gravel and grass surface). No drilling of holes in the street.



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Security

General security will be on-site outside of opening hours. Additional security service to your team stand can be arranged on a user-pays basis.

Internet / WLAN / WiFi

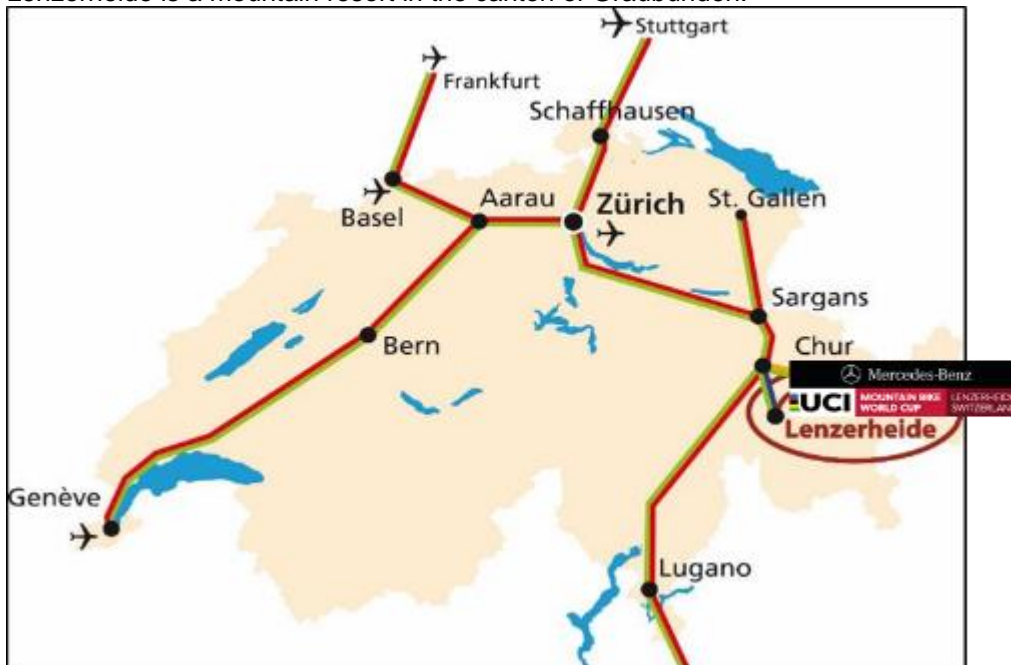
In the Start / Finish Area and the Team Areas there will be Free Wireless Internet:

SSID MTBWorldCup
Password MTBwcLH7077

You can rent data devices from www.travelerswifi.com

How to get to Lenzerheide

Lenzerheide is a mountain resort in the canton of Graubünden.



Google Link from Zürich to Lenzerheide: <https://goo.gl/maps/FAmUrmK4wxy>

We recommend to take the motorway A13 and take Exit CHUR, (Exit E 17). Then follow the signs LENZERHEIDE.



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By plane

The closest airport is Zurich. From there, Lenzerheide is reachable by car or by train & bus.
Travel time: 2h 20min (public transport); 1h 50min (by car).

Further information here: www.zurich-airport.com

By public transport

By train to Chur and from there you will reach Lenzerheide with the PostBus (Postauto).
Travel time Chur – Lenzerheide: 30 min
Train and Bus schedules you can find here: www.sbb.ch

By car

Leave the Highway A3 at Chur Süd (Exit E17) in direction of Lenzerheide until you reach Valbella/Lenzerheide. Travel time Chur – Lenzerheide: 25 min

Motorway tax sticker for all cars, vans and trucks (Vignette):

In Switzerland all cars, vans and trucks need a „motorway tax sticker“. The sticker is available at every gas station and at the border. The tax sticker costs CHF 40.00 (driving without a sticker costs CHF 200.00). The sticker is valid for one year.

Night and Sunday truck prohibition:

In Switzerland there is a night and Sunday truck ban:

- The night ban is from 10.00 pm to 05.00 am
- The Sunday ban is from 00.01 am to 24:00 am

If you have to leave on Sunday.... we organise this permit for you, but we must be informed about the number plates of the trucks.

Send an email to philipp.waldis@mtbworldcup.ch with the number plates.

Visa for visiting Switzerland

Citizens of some country need a visa for Switzerland. Please check with your embassy if you need a visa for Switzerland. A letter of invitation can be requested at the UCI MTB World Cup Head Office (mtbworldcup@lenzerheide.com)

Passing Custom

We requested a letter from the Swiss Customs Administration to make it easier for you to enter Switzerland. This letter is attached to the email. Have one ready as a print when coming the boarder.

For more information, please visit: www.ezv.admin.ch/index.html?lang=en

When coming from Val Di Sole please pass via Campocologno, be there during business hours between 08:00 – 12:00 / 13:30 – 18:00, only working day (Mo to Fr).



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Special Covid -Regulations

Admission to the UCI Mountain Bike World Cup Lenzerheide is granted to those who can present an accreditation, a Covid certificate and official identification. Find the most important info in the mail below and the attachment.

Request accreditation for contact tracing

Please complete the request [Accreditation | UCI MTB World Cup Lenzerheide](#) for all members of your team until the 22nd of August 2021.

The contact details are used for the accreditation and the contact tracing. The registration is very easy.

Request your accreditation online,
Your accreditation code is:
UCImtbWC21_Lh_Team!

Mobiles Test Centre (close to accreditation centre)



Beside the doctor's practices from [Dr. Bergamin](#), [Dr. Caitani](#) and [Dr. Fierz](#), there is from Tuesday, 31st of August to Sunday, 5th September 2021 a public mobile test centre close to the venue. **The Mobile Test Centre is located behind the Kiosk Canols, just beside the team area and the main entrance. There are no parking slots available, therefore take your bike or walk to the mobile testing centre.**

Register for your Covid-19 test at the Mobile Test Centre prior the event, to avoid waiting time and help us in the organisation. You can reserve your test online per [link](#) or the QR Code on the left side. A online registration in advanced is necessary, the earlier the better for our organisation.

Important: Bring your ID or passport as well as your insurance card to your Covid-19 test appointment. For Swiss residents the test is free. For foreigner CHF 40.00 will be charged per test at the test centre. (credit card or cash)

Recommendation for Covid tests

We work with bracelet at the access control and there are 2 slots for tested people, the first from Tuesday to Thursday and the second from Friday to Sunday. Within this slots we have to guarantee the 48h validation of the rapid antigen test. **Therefore all tested person have to prove on Friday morning a valid covid certificate for the length of their stay as well as their accreditation and an official identification in the accreditation centre.**

The 48h have to be valid until your last entry time at the event venue. Therefore we recommend

- All team members & athletes who are only till Saturday at the venue, we recommend to do their testing on Thursday afternoon (3pm-7pm) to avoid waiting hours.
- All team members & athletes who are only till Sunday at the venue, we recommend to do their testing on Friday morning (6am-12am) before you enter the event area, that we can accept your test till your entry on Sunday (48h).
- If that is not possible, you need to show us your testing appointment from a later day.



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