



NEWSLETTER



MESSAGE FROM THE PRESIDENT

Dear Members,

First of all, I would like to wish you all a Happy New Year, and the very best for 2023.

This year will be a historic one for our sport with the first UCI Cycling World Championships taking place in Glasgow and across Scotland. We are just over six months away from this event which will bring together 13 UCI World Championships in the biggest cycling event ever to be held.

I am full of anticipation for these 11 days of competition that will undoubtedly make a huge impression on the athletes and fans all over the world.

We still have a lot of preparation work to do in the lead-up to the 2023 UCI Cycling World Championships and I take this opportunity to sincerely thank the Chefs de Mission of each

National Federation who are vital contact points for the UCI and for their national delegations.

Our first virtual meeting of the different Chefs de Mission on 12 January was very positive and it was a pleasure for me to welcome them to the first of these meetings leading up to this inaugural event in August. The collaboration between the UCI and the Chefs de Mission will ensure that everybody is up to date with progress and has the latest information to ensure a smooth preparation and successful event for all participating nations.

More than 190 rainbow jerseys will be awarded in Glasgow and across Scotland between 3 and 13 August, but our first UCI World Champions of 2023 will be crowned in less than two weeks' time. The 2023 UCI Cyclo-cross World Championships in Hoogerheide, the Netherlands, will bring the curtain down on a fascinating cyclo-cross season comprising 14 rounds since October 2022.

Action in Hoogerheide will get underway on 3 February with the new team relay. After a test event last year in Fayetteville, Arkansas (USA), we will award the first UCI World title for this exciting format on the opening day of this year's competition.

I also look forward to our first UCI Management Committee meeting of the year, which will take place in Hoogerheide on the first day of competition. We will of course pay tribute to our former fellow member, UCI Road World Champion and Professional Cycling Council President Vittorio Adorni, who passed away on 24 December. A member of the UCI Management Committee from 2001 to 2010, he contributed enormously to our sport as one of its star athletes in the 1960s then as a major force in its administration. He is sorely missed.

Please remember that the doors of our headquarters in Aigle are always open to you. We already had the pleasure of welcoming the President of the Fédération Tunisienne de Cyclisme, Naoufel Merchaoui, on 18 January. He was able to visit the UCI World Cycling Centre facilities and talk with our UCI staff on a variety of topics including solidarity, cycling for all and various aspects specific to our sport in Tunisia.

Three days later, a delegation from the Cambodian Cycling Federation, including its President H.E Sorasak Pan, visited the UCI World Cycling Centre to talk about the UCI Solidarity Programme and visit the centre's facilities in the company of its Director Jacques Landry.

I look forward to welcoming many more National Federation representatives to Aigle in 2023!

David Lappartient

UCI President

IOC Member



UCI NEWS

Newly elected President

On the African continent, Mr Temesghen Reddae has been elected President of the Eritrean National Cycling Federation (Fédération Nationale de Cyclisme d'Érythrée) and Mr. Jean Philippe Rougier Lagane has been elected President of the Mauritius Cycling Federation (Fédération Mauricienne de Cyclisme).

On the Asian continent, Dr Ali Al-Daffaie has been elected President of Iraqi Cycling Federation.

We wish them all the best in promoting and developing cycling in their country and thank them for their involvement in our sport.

UCI Webinar Series



2023 UCI WEBINAR SERIES

SPORT-RELATED CONCUSSIONS
THURSDAY 9 FEBRUARY
9-10 CET and 15-16 CET

#UCIWebinarSeries

WITH SIMULTANEOUS TRANSLATION IN FRENCH & SPANISH



Xavier Bigard
Medical Director



Veronika Nemcikova
Villimova
Medical Coordinator



The medical outcomes of sport-related concussions (SRC) are now well known. The SRC incidence in cycling remains poorly evaluated, but it is clear that SRC is not rare, especially in certain disciplines at risk of a crash, such as MTB, BMX or road cycling.

During sports activities, one of the critical determinants of the athletes' health is the rapid recognition and diagnosis of SRC. With this important step in mind, medical management can be considered, including rest, progressive resumption of physical training under supervision and total absence from competitions until complete recovery of cognitive functions.

The session, part of the UCI Webinar Series, will focus on the presentation of adapted tools for the diagnosis of sport-related concussions recently developed by the UCI. Some of these tools are available to all, including non-health professionals. They should optimise the recognition of concussions and help protect riders from the harmful effects of their repetition on central nervous system functions.

Topic: Sport-related concussions

Event date: Thursday 9 February 2023, 9-10 CET and 15-16 CET

Registration links: [9-10 CET](#) or [15-16 CET](#)

Speakers: Prof. Xavier Bigard, UCI Medical Director and Veronika Nemcikova Villimova, PhD, UCI Medical Coordinator

SPORT

MEDICAL

Mandatory Medical Monitoring for MTB, Track and BMX Racing disciplines

The list of individual riders from MTB, BMX and Track disciplines eligible for the UCI Mandatory Medical Monitoring for the season 2023 has been published in the [Medical Monitoring section](#) of the UCI website. You can find there not only the lists of riders to be followed but also the detailed rules with the lists of medical exams and the official declarations for each discipline to be filled in and sent to the UCI.

We kindly remind you that, as per Chapter III, §3 of Part XIII Medical Rules of the UCI Cycling Regulations, the National Federations are responsible for the organization and implementation of Mandatory Medical Monitoring of the following riders:

- Mountain bike: the first 100 men and the first 40 women in the UCI individual classification on the 31 December of the preceding year,

- Track: the first 100 men and the first 40 women in the UCI individual classification on the 31 December of the preceding year,
- BMX Racing: the first 50 men and the first 20 women of the UCI individual classifications on the 31 December of the preceding year.

For more information, please visit the [UCI website](#) or contact our Medical team at medical@uci.ch.

2023 UCI CYCLING WORLD CHAMPIONSHIPS– GLASGOW AND ACROSS SCOTLAND

Information Bulletin

The first information bulletin dedicated to the 2023 UCI Cycling World Championships is available on the [UCI website](#).

You may also find more information on the organiser's website [here](#).

ROAD

Registration of UCI Women's Continental Teams and UCI Continental Teams for the 2023 season

A total of 59 UCI Women's Continental Teams and 187 UCI Continental Teams from the five continents have submitted a registration request for the 2023 season. The list of teams, with a file which is compliant, is now published on the [UCI website](#).

We kindly ask National Federations registering teams to check that all tasks have been approved by the UCI on the UCI DataRide – Teams platform. If this is not the case, please ensure that the required corrections are made so that the process can be finalised and that the names of the teams that have not yet been published are integrated into the list as soon as possible.

We would like to remind all parties that they should consult the UCI website before each event to carry out the necessary checks. In this respect, we invite teams and National Federations to ensure that all information relating to teams and their members have been entered correctly on the UCI website and to send an email to road@uci.ch should there be an issue. Only riders and Sport Directors whose names are correctly published on the UCI website will be permitted to participate in events.

Participation of UCI Continental Teams and UCI Cyclo-cross Professional Teams to UCI ProSeries events

We remind you that UCI Continental Teams and UCI Cyclo-cross Professional Teams are able to participate in UCI ProSeries events during the season, following the payment of an additional anti-doping contribution and submission of annex A-2.2 to the dedicated link by 31 December 2022. No flexibility will be granted to teams which did not respect this deadline. The list of teams authorised to participate in UCI ProSeries events is available on the [UCI website](#) and will be updated regularly during the year.

Participation rules

In addition, in accordance with article 2.2.001 of the UCI Regulations, "Riders belonging to a team registered with the UCI with the same paying agent or main partner may not compete in the same race except in the case of an individual event." In the same way, all affiliated club teams which have the same paying agent, team representative or main sponsor as a UCI team must be declared to the UCI. We kindly invite all National Federations, which have yet to update the UCI, to submit this information as soon as possible via the dedicated form and to provide any relevant updates immediately throughout the year.

Finally, to benefit from the participation rule as outlined in article 2.1.005bis of the UCI Regulations for development teams of a UCI WorldTeam or a UCI ProTeam, you are reminded that teams must be managed by the same paying agent, with a common identity (see articles 2.15.242-243 and 2.16.055-056).

The list of teams concerned by the provisions of articles 2.1.005bis and/or 2.2.001 of the UCI Regulations for the 2023 season is available on the [UCI website](#).

Mandatory invitations to road race (art. 2.1.007bis, 2.14.020, 2.14.021, 2.14.038 and 2.14.051 of the UCI Regulations)

The Sports Department has published the [list of mandatory invitations](#) extended to teams for road events on the page dedicated to the UCI Regulations on the UCI website.

2023 licences

In order to make the rider and staff confirmation process easier at the start of the first races of the year, National Federations are requested to ensure, as soon as possible, that the status of all their licensees registered in UCI Teams, are updated on the UCI DataRide platform for the 2023 season.

Prize money platform

During the month of January, the UCI WorldTour, UCI Women's WorldTour, UCI ProSeries and Class 1 organisers must update (or create if needed) their account on the centralised prize money management platform, so that prize money can be paid in accordance with the UCI Regulations (art. 1.2.071).

During February and March, the UCI WorldTeams, UCI Women's WorldTeams, UCI ProTeams, UCI Continental Teams, UCI Women's Continental Teams, National Teams, UCI Cyclo-cross Professional Teams and their riders must also update (or create if needed) their account on the [centralised prize money management platform](#), so that prize money can be paid in accordance with the UCI Regulations (art. 1.2.071).

Any prize money which will be due to teams not included in the above list (i.e.: club teams, UCI Cyclo-cross Teams, regional teams) will be transferred to the National Federation of the team concerned, that will then receive the prize money.

Should teams encounter any issue or have any queries, they can contact road@uci.ch or the platform administrators (contact@cpm-uci.org).

Part II – Road Races Regulations update

Following the publication of the lists of the [teams registered by the UCI for the 2023 season](#) the UCI communicated several modifications to "Part 2 – Road Races" of the UCI Regulations, which came into effect on 1 January 2023. Please consult the [press release](#) relating to this matter.

Safety Manager Seminar

Between 16 and 21 January 2023, the UCI held the first and second Safety Manager seminars for UCI Women's Worldtour, UCI Worldtour And UCI Proseries races registered on the 2023 UCI international calendar with dates between 1 March and 31 May. A total of 60 participants registered representing more than 65 races were oriented on different modules regarding the importance of their role on road race events. The courses 3 and 4 for races registered between 1 June and 31 October is scheduled from 13 to 21 February 2023 at the UCI headquarters in Aigle.

2023 UCI Cycling World Championships – Road

Please see dedicated section for general information. Do not hesitate to contact rwc@uci.ch if you have any queries about the road events.

TRACK

2023 Tissot UCI Track Nations Cup

The official documents, including registration information and important dates, are available on the [UCI website](#).

We remind you that the eligibility conditions must be respected, including the 250 points rule as per article 3.4.004 of the UCI Regulations. To clarify, a rider must have the minimum points required in the specific event in the UCI individual ranking published on 10 January 2023 (six weeks before the first round of the 2023 Tissot UCI Track Nations Cup) or in the most recent ranking published at the time of Riders confirmation.

UCI Track Teams

The list of UCI Track Teams qualified for the 2023 for the 2023 Tissot UCI Track Nations Cup is

published on the Nations Cup page of the UCI website. The teams have been informed directly as well.

Registration deadlines

- Jakarta, Indonesia: registrations open from 16 to 30 January 2023
- Cairo, Egypt: registrations open from 30 January to 13 February 2023

Article 3.4.009

As a reminder, federations and teams will be fined in the event that a registered rider is not present at the event and withdrawn at the confirmation of starters only. Any rider not present must be announced as soon as possible to track@uci.ch.

MOUNTAIN BIKE

2023 UCI Mountain Bike Regulations

The 2023 UCI Mountain Bike Rules, effective from 1 January 2023, are published on the [UCI website](#).

2023 UCI Mountain Bike Financial Obligations

The 2023 UCI Mountain Bike Financial Obligations, effective from 1 January 2023, are published on the [UCI website](#).

BMX RACING

2023 UCI BMX Racing Regulations

The 2023 UCI BMX Racing Rules, effective from 1 January 2023, are published on the [UCI website](#).

2023 UCI BMX Racing World Cup Calendar

The 2023 UCI BMX Racing World Cup calendar was announced on 20 December 2022. Details of the ten rounds to be held in four locations are available on the [UCI website](#).

The full UCI BMX Racing International Calendar can be consulted on the UCI [website](#).

BMX FREESTYLE

2023 UCI BMX Freestyle World Cup

Hotel information for the UCI BMX Freestyle Park World Cup to be held in Diriyah, Saudi Arabia, on 15 to 18 February 2023 has been added to the competition guide which can be found on the [UCI website](#).

CYCLO-CROSS

2022–2023 UCI Cyclo-cross World Cup

The 2022–2023 UCI Cyclo-cross World Cup is coming to an end with the final two rounds being held in Benidorm, Spain, on 22 January and Besançon, France, on 29 January.

Entry lists and results are available on the [UCI website](#).

2023 UCI Cyclo-cross World Championships, Hoogerheide, The Netherlands

The 2023 UCI Cyclo-cross World Championships will be held on 3, 4 and 5 February 2023 in Hoogerheide, in the Netherlands.

Please note that requests for accreditation closed on Monday 23 January.

Riders' registrations by National Federations, via the [UCI online registration platform](#), will close on Friday 27 January at 12:00 CET. To register your riders, please click [here](#).

The Competition Guide including the programme, the quotas per Nation and all practical and logistical information is available [here](#).

2023–2024 UCI Cyclo-cross Calendar

We kindly remind National Federations that event dates for the 2023–2024 UCI International Calendar, including the 2024 Cyclo-cross National Championships, can still be sent to offroad@uci.ch. The UCI International Calendar, including the 2023–2024 UCI Cyclo-cross World Cups, will be published after approval by the UCI Management Committee in early February.

TRIAL

2023 UCI Trials World Youth Games

The programme and Competition Guide for the 2023 UCI Trials World Youth Games taking place between 14 and 16 July 2023 in Durana–Araba–Basque Country, Spain,) will be available at the end of January on the [UCI website](#).

PARA-CYCLING

UCI Para-cycling Regulations

Part XVI of the amended UCI regulations previously announced, came into effect on 1 January 2023. The most up-to-date version of the UCI Regulations can be found on the [UCI website](#).

Bidding for 2024 UCI Para-cycling Road World Cup

Any organisation, city or National Federation wishing to bid to host a round of the 2024 UCI Para-cycling Road World Cup should submit their interest no later than 31 March to track-para@uci.ch. Full event information and bid documents can be found [here](#).

INDOOR CYCLING

2023 UCI Cycle-ball World Cup

The UCI is still accepting bids for fifth round of the 2023 UCI Cycle-ball World Cup, due to take on either 15 or 22 July 2023.

Bidding documents should be sent to indoor@uci.ch.

Further Information concerning the 2023 UCI Cycle-ball World Cup and the 2023 UCI Artistic Cycling World Cup will be updated regularly on the [UCI website](#), and we encourage you to check it for official schedules, qualification quotas and deadlines relating to the series.

UCI Indoor Cycling Regulations

'Part VIII - Indoor Cycling' of the UCI Regulations, including changes that came into effect in on 1 January 2023, is available on the [UCI website](#).

2023 UCI Indoor Cycling International Calendar

Events registered on the 2023 UCI Indoor Cycling International Calendar are available on the [UCI website](#).

COMMISSAIRES

Elite National Commissaire Courses

The next track Elite National Commissaire course in English will take place in Israel from 26 to 29 March 2023. This course is open to the participants from all countries. To be eligible for the selection process, interested individuals must meet the following conditions:

- Hold a track national commissaire license from a UCI affiliated National Federation;
- Have experience officiating at track events;
- Be nominated by his/her National Federation;
- Have a good command of the course language.

We invite National Federations to register their candidates by completing the [online form](#) at the latest by 13 February. Places are limited and final selections will be made by mid-February. Participants will be responsible for their own travel costs, meals and accommodation. Additional information will be provided once an application has been accepted.

As mentioned in the September edition of the UCI newsletter, the UCI Commissaires' Unit, in cooperation with Continental Confederations, will offer multiple Elite National Commissaire courses on different continents. More information about the application process will be shortly

provided directly to the National Federations.

International Commissaire Courses

Two International Commissaire courses, for BMX Racing and Mountain Bike, will be organised in Aigle (Switzerland) in September and October 2023.

The application process for these courses will open soon and applicants must fulfil the conditions outlined in article 1.1.054 of the UCI Regulations. Letters inviting the submission of applications will be sent directly to the concerned National Federations, which have hosted international events in recent years and trained Elite National Commissaires in the given disciplines.

CYCLING FOR ALL



Bloomberg Initiative for Cycling Infrastructure – deadline approaching!

As mentioned in the November 2022 newsletter, the **Bloomberg Initiative for Cycling Infrastructure (BICI)** – a competitive grant programme that will award 10 cities up to \$1 million each to accelerate delivery of large-scale cycling network infrastructure projects– was launched at the end of 2022. Cities around the world that are building or want to build outstanding cycling infrastructure are eligible for this programme. Please note that the deadline is quickly approaching, with applications accepted until 3 February 2023. Visit the **BICI website** to learn more and apply.

ANTI-DOPING

2023 List of Prohibited Substances and Methods in force on 1 January 2023



This List shall come into effect on 1 January 2023.

The UCI reminds its National Federations that the World Anti-Doping Agency (WADA) **2023 List of Prohibited Substances and Methods** (“the Prohibited List”) came into effect on 1 January 2023. The Prohibited List designates what substances and methods are prohibited both in and out-of-competition.

The Prohibited List is available on the WADA website as well as on the **anti-doping section** of the UCI website.

While, ultimately, the athlete is responsible for knowing what substances and methods are on this list and for the substances present in his or her body, the UCI strongly encourages you to make sure that your members, in particular your athletes and their entourage are aware of the new 2023 Prohibited List.

All major modifications are described in the **2023 Summary of Major Modifications and Explanatory Notes**.

Annual List Review Process

Every year, WADA leads the revision process concerning the Prohibited List. This is an extensive consultation process that includes **WADA’s List Expert Advisory Group** gathering information including the latest scientific and medical research, trends, and intelligence gathered from law enforcement and pharmaceutical companies; circulating a draft List among stakeholders; and, taking their submissions into consideration to revise the draft, followed by review by the **WADA’s Health, Medical and Research Committee**. This Committee then makes its recommendations to WADA’s Executive Committee, which approves the List in September.

For a substance or method to be added to the Prohibited List, it must be determined that it meets at least two of the following three criteria:

1. It has the potential to enhance or enhances sport performance.
2. It represents an actual or potential health risk to the athletes.

3. It violates the spirit of sport.

The Prohibited List is released three months ahead of it taking effect (no later than 1 October) so that athletes, their entourage and other stakeholders can acquaint themselves with any modifications.

Major Modification concerning tramadol for 2024

Last September, the WADA Executive Committee endorsed the recommendation by WADA's List Expert Advisory Group to prohibit the narcotic tramadol in competition, effective from 1 January 2024.

The delay in implementation should allow for broad communication and education of athletes, their entourage and medical personnel so that there is a better understanding of the practical implementation of this prohibition.

This delay will also allow the scientific community to adjust the exact procedural details so that fairness can be ensured for athletes. In addition, educational tools for athletes, and for medical and support personnel to address the safe use of tramadol for clinical purposes within anti-doping may be developed.

Tramadol was included in the WADA Monitoring Programme and the data collected indicated significant use in sport. The WADA-funded research studies mentioned in the Explanatory Note also confirmed the potential of tramadol to enhance athletic performance.

ITA Webinar Series

MONTHLY WEBINAR **31 Jan 14-15 CET** **ITA**
KEEPING SPORT REAL

ANTI-DOPING RULE VIOLATIONS: RIGHT TO FAIR HEARINGS

PANELLISTS

Damien Clivaz
ITA Senior Legal
Counsel

Fabien Cagneux
CAS ADD Managing
Counsel

MODERATOR

Mairi Irvine
ITA Education Team

#KEEPINGSPOREAL

WITH SIMULTANEOUS TRANSLATION:
العربية | ENGLISH | ESPAÑOL | FRANÇAIS | РУССКИЙ | 普通话

The next educational webinar – Anti-Doping Rule Violations: right to fair hearings – organised by the International Testing Agency (ITA), will take place on **31 January 2023**.

The ITA will take a legal look at anti-doping by examining hearing panels, with a particular focus on the Anti-Doping and Appeal divisions of the Court of Arbitration for Sport (CAS).

The aim of the session is to explain what happens, and what to expect during the hearing process, such as:

- What is CAS and the CAS Anti-Doping Division?
- What is the decision-making process?
- Who testifies, and what evidence is presented?
- How and by whom are the parties represented?
- Who is the judge or arbitrator?
- What is the appeal process?

There are also a number of steps that take place before a case is heard by a hearing panel, and where resolution can be reached. ITA will also take the time to address this, putting the review by hearing panels into the wider results management context.

In view of the importance of this topic, the UCI strongly encourages you and your members to attend this webinar which will be delivered in English with simultaneous translation in Arabic, Spanish, French and Russian. Please find below further information regarding this webinar:

Topic: Anti-Doping Rule Violations: right to fair hearings

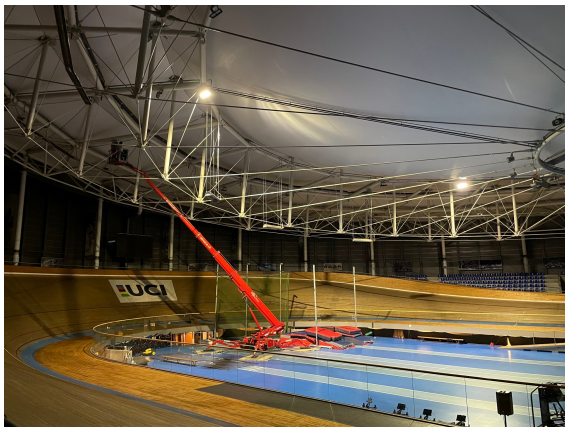
Registration link: https://us06web.zoom.us/webinar/register/WN_BfRNwk7YSJSKo67ikrcU3A

Event date: Tuesday 31 January 2023, 14:00 – 15:00 CET

Panelists: Damien Clivaz, ITA Senior Legal Counsel and Fabien Cagneux, CAS ADD Managing Counsel

Moderator: Irvine Mairi, ITA Education Team

UCI WCC CORNER



Improved energy efficiency to help combat climate change

Major works were carried out at the UCI World Cycling Centre (WCC) at the end of 2022 to make the building more energy and cost efficient.

Solar panels were installed on the roof of the administrative building and the gymnastics hall, for a total surface of 750m². At the same time 89 lamps were replaced by LED (light-emitting diodes) alternatives in the velodrome and the gymnastic hall to save energy and improve the quality of lighting.

The work was carried out quickly following the approval of the project by the WCC Executive Committee on 8 September last year. After a two-month study phase, work began early November and the solar panels were operational as of 23 December 2022. New LED lighting in the gymnastics hall was working by the same date, and was operational in the velodrome three weeks later.

These steps are in line with the sustainability objectives for the UCI and the UCI WCC contained in the UCI's Agenda 2030:

- Reduce our emissions by 50% by 2030 compared to the reference year of 2019
- Take action on our headquarters at the UCI World Cycling Centre, as well as on our fleet of vehicles, travel, energy efficiency, waste management, etc.
- Develop renewable energy at the site of the UCI World Cycling Centre.

Energy produced by the recently installed solar panels will be approximately 175,000 kWh a year, which corresponds to just over 35% of the building's annual consumption.

As for the lighting, the 18 lamps in the gymnastics hall and the 52 lamps in the velodrome will save significant energy resulting in savings of around CHF 20,000 in 2023 as well as better quality of lighting. These advantages are the fruit of a complex project which required manoeuvring a boom lift with a 35-metre arm to access the lamps in the velodrome ceiling's intricate structure.

As a reminder, the UCI has published its Sustainability Guidelines, Sustainability Policy and its Climate Action Charter on a **dedicated section on the UCI website**.



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For any further information, do not hesitate to contact **the different UCI departments**.

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